

viz. "the acute realization of man's enslavement to sin, a deep sense of the divine majesty and glory, and the frequent references to the Mother of God." Being, unlike modern western manuals, very liturgical in tone and construction, it will make an excellent companion to that of Mr. Attwater's book, for there is little in it to which the Catholic could take exception. The pity is that one is published in America and the other in England. We urge that *Eastern Catholic Worship* may soon find an English publisher. C.P.

THE LIFE OF FR. PRO. By M. D. Forrest, M.Sc. (Radio Replies Press).

The author gives us first-hand facts of Mexico's martyr hero whose cause is in its first stages. It is a story of heroism and sacrifice, of the folly of the Cross shot through with wit and humour. The love of God and our neighbour stands out in all its beauty and attractiveness. A. D.

HOW TO SAY THE ROSARY. By Father James, O.F.M.Cap. (Mercier Press; 6d. paper, 1s. 6d. boards.).

A booklet of some fifty pages, with pleasant and helpful illustrations to suit each Mystery. Fifteen deeply spiritual meditations are given one for each decade. We recommend this booklet to all those who wish to pray the Rosary better. G. B.

SELF-DISCIPLINE AND THE INTERIOR LIFE. By Dom Idesbald Ryelandt, O.S.B. Translated by Dom Matthew Dillon, O.S.B. (Brown and Nolan, Dublin. pp. 29, 1s.).

One is often distressed to see good Catholics whose life lacks peace and poise through lack of interior self-discipline, often when it is a matter of the minor difficulties of life. Dom Idesbald here outlines ways in which interior balance may be achieved. He suggests five sources of help, each of which he deals with in detail: a sound philosophy of life or sound common sense; the spirit of faith and prayer; charity; the Eucharist; work. The introduction of the theological virtues prevents such a method becoming mere moral effort or a technique of asceticism. D. M.

THE FOUNTAIN OF LIFE. By C. C. Martindale, S.J. (Sheed & Ward, 1s. 3d.)

To attempt an epitome of Fr. Martindale's thought would be futile; to criticise, impertinent. Since we were unable to have Fr. Martindale himself broadcast these Holy Week talks their record in booklet form may help us to add in the ear of imagination the "Martindale manner." Everything we expect is there: neat summaries of dogma, illuminating comments on scripture, apposite analyses of the modern crisis, and above, through and beyond all this the personality of the author, unique and priceless. G. M.