
Obituaries

Brian Davy, formerly Consultant with Special Interest in Student Mental Health, Addenbrooke's & Fulbourn Hospitals, Cambridge

Brian Davy, one of the pioneers of student mental health services, died in Cambridge on 11 June 1993, aged 79.

Brian was born in 1914 and grew up in North London. After Oxford (Jesus College) he studied medicine at St Mary's, graduating MB, BS(Hnrs) London in 1941 and passing soon into the Navy (1942–46) where he had an eventful career as a medical officer on destroyers and landing craft. He saw action on the Russian convoys (mention in despatches), in the Atlantic and later the Indian Oceans.

His war service gave him a deep interest in preventive medicine and after the war he decided to seek this in public health, taking the DPH in 1947 in which year he was awarded the MD(Lond). He became particularly interested in student health problems, particularly tuberculosis which presented a grave danger for younger adults in those days. He worked at Bristol (1947–48) and Oxford (1948–51) and then in 1951 came to Cambridge and joined the Student Health Service being built up by Sir Alan Rook.

By this time Brian had come to see that psychological problems, particularly of vulnerable students, presented a far greater danger than tuberculosis (by then responding to antibiotics). He began studying psychiatry at Fulbourn Hospital and psychotherapy at the Tavistock Clinic, passing the DPM in 1953. In 1958 he joined the National Health Service in a specially created post of Consultant with Special Interest in Student Health. He was elected to the foundation fellowship of the College in 1971.

In the 1950s it was quite difficult to convince the dons and tutors of the need of Cambridge undergraduates for specialist psychiatric support: "A chat with the College chaplain and more cold showers is what they need!" was a common response. Brian set out to change these attitudes and because of the devoted care he gave to disturbed students and his patient willingness to talk and to explain to the most obdurate tutor, brought about a remarkable change in attitude over the next decades. Together with Dr Ruth Young, he developed an effective, flexible and caring service for disturbed undergraduates, particularly those manifesting acute psychoses. He was President of the British Student Health Association in 1968/69. The World Health

Organization used him as a consultant in the USA, Europe, Thailand and Sri Lanka.

In later years the university developed its own counselling service and Brian continued to develop his psychotherapy and clinical work, a senior, respected and much loved consultant at Addenbrooke's and at Fulbourn.

His personal interest was always the countryside, especially Wales, walking its hills, caravanning and sailing its seas. After his retirement in 1979 he continued to be very active, becoming a devoted radio 'ham', a noted photographer and active member of the Cambridge University of the Third Age. Unfortunately, a few years ago, he developed bone metastases from a prostate believed at operation to be benign; he remained fairly well until the last months of acute and painful decline borne with great courage.

Brian and Dorothy, also a doctor, were devoted to their extensive family, who by 1992 counted four children and 13 grandchildren.

DAVID CLARK

Roy Douglas Hamilton Maxwell, formerly Consultant in Electrophysiology, Pinderfields General Hospital and Consultant Psychiatrist Stanley Royd Hospital, Wakefield

Roy Maxwell, who died on 9 August 1993, was brought up in Ayrshire and after graduating in Science, BSc (1940), and Medicine, MB ChB (1943), at the University of Glasgow he served in the Royal Army Medical Corp. He was awarded the MD(Glas) in 1955 and in 1962 was elected MRCP(Glas) proceeding to the Fellowship in 1975.

Most of his training was in medicine and neurology at the Western Infirmary Glasgow and he published articles in various journals. Later, he trained in psychiatry and from 1962 he held a joint post as consultant in charge of the Department of Electrophysiology at Pinderfields General Hospital, Wakefield and consultant in psychiatry at Stanley Royd Hospital, Wakefield. He was elected MRCPsych in 1971 and FRCPsych in 1974.

He was a man of widely reaching interests and in his home he had, and used, a well equipped small engineering workshop. However, his main interests were small boats and light aircraft. He and his wife owned numerous small boats when in Scotland and later, they both held Private Pilots' licences and for many years flew their own aircraft (Beagle Pup G-BDCO). Many a new

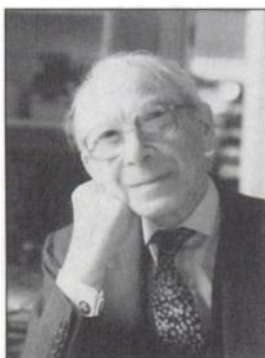
registrar was somewhat taken aback, to say the least, when offered mid morning coffee in Blackpool, lunch and a crate of kippers from the Isle of Man and still a promise that they would be back at the hospital in time for a 2 p.m. clinic! He and his wife were Freemen of the Guild of Air Pilots and Air Navigators and members of the British Medical Pilots Association.

Roy was also a Freeman of the City of London, a Freeman of the Guild of Freeman of the City of London and a Burgess of the City of Glasgow.

He married Katherine Neil Brittain in 1945 on return from his service in India and she survives him. They were a devoted couple and I know that if he is looked after on his side of the Jordan half as well as she looked after him on our side, then he will come to no harm.

STEPHEN H. SHAW.

Louis Rose, formerly Consultant Psychiatrist, Charter Nightingale Hospital, London NN1



Louis Rose, the distinguished psychiatrist, died at the age of 90. He lived a full life with humour, penetrating intelligence and a profound interest in all that took place around him. He studied medicine at St George's Hospital and qualified MRCS LRCP in 1931. In 1971 he was elected FRCPsych (foundation).

Right until the very end he followed the most recent developments, not only in psychiatry but in medicine generally. His phenomenal memory was only one of the many attributes at his disposal and he deployed it, as he did so many of his talents, for the well-being and comfort of his patients.

Here was a quite remarkable man whose pleasant disposition and breadth of interest was astonishing. He represented St George's Hospital as a cricketer, a golfer, a boxer and a rifle shot. He was a soldier, serving as a RAMC Major during World War II in Italy and North Africa. He was a violinist and a drummer. He even briefly found himself involved in movie making, having loaned his rather special white convertible car for some location shots in the Grace Kelly film 'High Society'. His high standards were reflected in his mode of dress: he was always elegantly tailored, putting to shame his younger colleagues.

He was a practical man, who, rare among doctors, was able to follow his own advice. After each of his three heart attacks the golf course became his convalescent home. When angina signalled a halt he would repair to the clubhouse, returning the next day to continue his round. When he found to his delight that the subsequent opening of the collaterals afforded him another hundred yards or so he would continue the process until he could successfully complete a circuit of the course.

This tenacity was central to his research projects. He always displayed a willingness to move on to the next idea ranging from research into the validation of various psychological tests to the introduction of Methohexitone, a muscle relaxant which makes it possible to treat phobias and anxiety swiftly and efficiently by behaviour therapy.

There is no doubt that Louis had a tough life but always his faith and sense of humour precluded any sentimentality. He was amusing on the subject of his own health, convinced that his doctor's were running a 'book' on which of his ailments would prove fatal; the previous coronary history, the *cor bovis*, the cancer of the prostate or the aplastic anaemia.

Louis Rose was an outstanding doctor who would not close his mind to anything that might be of use in healing his patients. It therefore comes as no surprise to find him writing the definitive book on faith healing. *Faith Healing* is a prime example of his open-mindedness. It is probably the best book written on the subject and, while he may not have been a practitioner, it is typical of the man that he should be available to unconventional ideas. Many an ex-student of Louis remembers with affection him teaching hypnosis.

He is survived by his wife Trudi, whom he married in 1946, a son Adrian, and a daughter Carla.

LINFORD REES

The deaths of the following have also been reported:

ISAAC ATKIN, formerly consultant psychiatrist; Lulworth House, 2 Ellesmere Road, Weybridge, Surrey.

DAVID WILLIAM THEODORE HARRIS, retired consultant psychiatrist and former medical superintendent, Westwood Hospital, Bradford, Yorkshire.

RICHARD VINCENT PHILLIPSON, formerly consultant psychiatrist, United States Public Health Service; Battlefield Heights, PO Box 659, Berryville, Virginia 22611, USA.