

P03-280

## PROBLEMS OF NURSES IN COMMUNICATION WITH INDIVIDUALS WITH ATTEMPTED SUICIDE

B. Burba<sup>1</sup>, V. Grigaliuniene<sup>2</sup>, A. Alcauskiene<sup>3</sup>, A. Stolygaite<sup>1</sup>

<sup>1</sup>Dept. of Psychiatry, <sup>2</sup>Dept. of Care and Nursing, Kaunas University of Medicine, <sup>3</sup>Emergency Dept., Kaunas University of Medicine Hospital, Kaunas, Lithuania

### Objectives:

1. To assess how nurses evaluate their abilities to communicate to individuals who attempted suicide.
2. To ascertain the attitude of nurses to the importance of the influence of communication with patients to their social rehabilitation.
3. To determine, what kind of help nurses would appreciate to improve communication with patients with attempted suicide.

**Methods:** Original survey questionnaire, data analysis. Sample was selected by means of nonprobability - simple sampling method.

**Results:** Study included a total number of 64 nurses working at the Hospital of Kaunas University of Medicine. Most of nurses evaluate their communication with suicidal individuals as positive: 80 percent believe they listen closely to their patients, 69 percent believe they pay enough attention, 69 percent talk to patients about their problems. 66 percent of nurses report the lack of information about psychological characteristics of suicidal patients, and 48 percent refer to the lack of experience in communication with such patients as the greatest problems in communication with individuals with attempted suicide. Also 52 percent emphasize lack of time and 34 percent mention reluctance of doctors to cooperate. 66 percent of nurses would like to undergo training containing these topics during lectures and seminars.

### Conclusions:

1. Majority of nurses precisely determine suicide itself, however, causes of suicide are not so obvious.
2. It is necessary to keep ongoing training of nursing staff on the topics of suicide prevention, treatment and rehabilitation.