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Seating area, Garnet Ward, Highgate Mental Health Centre, Camden and Islington NHS Foundation Trust by Yukako Shibata

Hospital Rooms believes both residents and staff in mental health wards should have the freedom to experience extraordinary artworks and recognise the power of art to provide joy and dignity and to stimulate and heal. Yukako Shibata was commissioned to use her experience in creating works of art using the subliminal colours of the natural world for Garnet Ward. Here, she selected a quiet nook to paint layer upon layer of transparent colours on top of each other to create an abstract and airy atmosphere. She was inspired by the array of interpretations that the work conjured from residents and staff. One resident said, 'Yukako's work is beautiful. It is not sky, it is not sea, it is just beautiful.' Courtesy of Yukako Shibata and Hospital Rooms, (charity no. 1168101)

www.hospital-rooms.com www.yukakoshibata.com