

Global complexities and challenges in the restoration of hypersaline coastal wetlands

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1 **Impact statement**

2 Restoration of coastal wetlands in the Anthropocene must balance considerations of ecology,
3 economy, and Indigenous rights. These complex and interactive needs require adaptive
4 management in the context of a changing climate, as the effects of sea level rise and shifting
5 precipitation patterns compound with the consequences of land use/land cover change and
6 anthropogenic freshwater demands. Globally, many coastal wetlands are experiencing
7 hypersalinity stress linked to freshwater diversion or drought conditions. These hypersaline
8 wetlands, including those in arid and semi-arid regions, are especially vulnerable to loss and
9 degradation, as increasing coastal urbanization and climate change are rapidly exacerbating
10 freshwater supply stressors. These wetlands present unique management challenges,
11 necessitating the development of novel restoration approaches and success metrics. This article
12 describes restoration successes, challenges, and lessons learned in these habitats, and lays a
13 foundation for developing new, forward-looking restoration strategies that connect the values
14 and needs of human and ecological communities.

15 Abstract

16 Wetlands in hypersaline environments are especially vulnerable to loss and degradation, as
17 increasing coastal urbanization and climate change rapidly exacerbate freshwater supply
18 stressors. Hypersaline wetlands pose unique management challenges that require innovative
19 restoration perspectives and approaches that consider complex local and regional socioecological
20 dynamics. In part, this challenge stems from multiple co-occurring stressors and anthropogenic
21 alterations, including estuary mouth closure and freshwater diversions at the catchment scale. In
22 this article, we discuss challenges and opportunities in the restoration of hypersaline coastal
23 wetland systems, including management of freshwater inflow, shoreline modification, the
24 occurrence of concurrent or sequential stressors, and the knowledge and values of stakeholders
25 and Indigenous peoples. Areas needing additional research and integration into practice are
26 described, and paths forward in adaptive management are discussed. There is a broad need for
27 actionable research on adaptively managing hypersaline wetlands, where outputs will enhance
28 the sustainability and effectiveness of future restoration efforts. Applying a collaborative
29 approach that integrates best practices across a diversity of socio-ecological settings will have
30 global benefits for the effective management of hypersaline coastal wetlands.

31

32 Key words

33 Hypersalinity; Anthropocene; adaptive management; socio-ecological systems; ecological
34 engineering

35 ***I. Introduction***

36 Restoration of coastal wetlands in the Anthropocene must account for climate change, where sea-
37 level rise, shifting precipitation patterns and modification of climatic and weather phenomena
38 (e.g., El Niño-Southern Oscillation, cyclones) compound with the consequences of land use/land
39 cover change and anthropogenic freshwater demands. Globally, many coastal wetlands face
40 limited freshwater supply due to drought, flow impoundments by overgrowth of invasive plant
41 species, low precipitation, freshwater diversion and/or groundwater extraction leading to
42 hypersaline (exceeding seawater salinity, typically above 40 ppt) conditions (Adame et al. 2021;
43 Bornman et al. 2002; Duke et al. 2022; Le Maitre et al. 2016; Lovelock et al. 2017; Tran et al.
44 2022). Contemporary definitions of anthropogenic droughts in human-water systems
45 acknowledge the complex interplay of meteorological, geomorphological, hydrological, and
46 anthropogenic drivers (AghaKouchak et al. 2021), where the over-extraction of water can
47 increase the likelihood of drought, irrespective of climatic drivers (Mosley 2015).

48
49 Wetlands in hypersaline settings are typically within coastal estuaries and lagoons that can be
50 intermittently open or closed and may range in vegetation composition and structure from those
51 void of vascular plants (e.g., salt flats or mud flats), to herbaceous or succulent groundcovers, to
52 hypersaline mangrove scrub or short forest. Wetlands in hypersaline environments are especially
53 vulnerable to loss and degradation, as increasing coastal urbanization and climate change rapidly
54 exacerbate freshwater supply stressors (Geedicke et al. 2018; Short et al. 2016), often with
55 critical consequences for foundation species like mangroves or oysters, for ecosystem engineers
56 such as bioturbating organisms (Lam-Gordillo et al. 2022; Miller et al. 2017), or for the
57 conservation of estuarine-dependent fauna (Brookes et al. 2022; Komoroske et al. 2016;

58 Tweedley et al. 2019). Wetlands experiencing acute drought, reduced freshwater inputs, or
59 persistent aridity resulting in hypersalinity pose unique management challenges relative to
60 mesohaline or polyhaline wetlands (with salinity at or below 30 ppt). For example, restoration in
61 hypersaline wetlands may require the use of slower growing, salt tolerant species with lower
62 transplant success rates, potentially delaying ecosystem recovery (Zedler et al. 2003). Thus,
63 hypersaline wetlands require unique restoration perspectives and potentially complex,
64 multifactorial approaches. Given the substantial economic value of the ecological functions of
65 these systems (Davidson et al. 2019), and the cost- and labor-intensive efforts to maintain and
66 restore those functions (Wang et al. 2022), effective outcomes will require consideration of the
67 complex local and regional dynamics that are unique to hypersaline ecosystems. This article
68 considers the challenges facing the restoration and management of these systems, outlines areas
69 needing additional research and integration into practice, and identifies potential paths forward
70 for the future restoration of coastal wetlands subject to hypersalinity.

71

72 ***II. Estuarine Dynamics***

73 Coastal wetlands occupy a range of geomorphological and climatic settings that influence their
74 form and may periodically create hypersaline conditions. Along high wave energy and/or low
75 precipitation coastlines, intermittent estuaries (also called temporarily closed estuaries) can form
76 in association with sand bars or berms that restrict tidal influence, cutoff low water areas, or
77 perched impoundments (Stein et al. 2021). In some settings, these systems experience low or
78 zero inflow outside of seasonal rainstorms; these low flow and low volume conditions can hover
79 near salinity tolerance thresholds of resident biota. Restoration of these often small, seasonally
80 variable systems is closely linked to watershed inputs, making them highly sensitive to changes

81 in inflow, sediment, nutrients, and other contaminants. Reestablishing dynamic estuary
82 entrances, such as seasonal mouth openings and closures, can improve salinity regimes, enhance
83 intertidal vegetation recovery, and subsequently improve shoreline stability by mitigating
84 erosion, attenuating waves, and supporting biodiversity (Bilkovic et al. 2016).

85 Robust baseline data obtained from comprehensive monitoring programs is essential for effective
86 management, especially in low flow and low volume systems (Adams and Van Niekerk 2020;
87 Stein et al. 2021). A universal challenge is determining appropriate management targets that
88 inform decisions, including management of mouth openings. As in many types of coastal
89 ecosystems, this challenge is difficult because ecological states often shift seasonally (Stein et al.
90 2021), driven by fluctuations in hydrological, climatic, and marine processes. This seasonality
91 affects water flow, sediment deposition, salinity gradients and species distributions, making it
92 difficult to establish clear reference targets for all expected seasonal states (Little et al. 2017;
93 Mosley et al. 2018).

94

95 ***III. Freshwater Inflow***

96 Freshwater inflow to coastal wetlands and estuaries is key to maintaining system health and
97 productivity, particularly in arid and semi-arid regions. Rising demand in freshwater abstraction
98 to support growing human populations directly contributes to the salinization and desiccation of
99 coastal wetlands. Scarcity of freshwater can lead to hypersalinization (due to high evaporation;
100 Tweedley et al. 2019) or marinization (extended intrusion of seawater into an estuary; Pasquaud
101 et al. 2012). Additionally, urbanization can lead to reduced seasonal freshwater input while also
102 generating perennial “urban drool,” where contaminated freshwater runoff trickles into

103 ephemeral streams during the dry season (Pilone et al. 2021; White and Greer 2006). Altered
104 freshwater inflow influences estuary mouth states, changes water residence times, and triggers
105 extreme shifts in salinity regimes with consequential biological degradation of mudflats, salt
106 marshes, and mangroves (Dittmann et al. 2015; Zampatti et al. 2010).

107 Anthropogenic freshwater demands often co-occur with climate change-induced increases in
108 drought frequency and intensity, especially in the wet-dry tropics where coastal estuaries may
109 experience low inflow during the dry season, leading to periodic hypersalinity in the upper
110 intertidal zone. When the wet season is reduced or fails, as can occur with oceanic and climatic
111 perturbations (e.g., El Niño-Southern Oscillation events), the impacts on coastal wetland
112 function can be profound and may cause dieback (including plant mortality in severe instances),
113 especially in mangrove-dominated systems (Duke et al. 2017; Lucas et al. 2017; Otero et al.
114 2017). In these circumstances, restoration of wetland condition may only be successful when
115 prevailing salinity conditions have returned to a normal state after the perturbation event
116 subsides (Asbridge et al. 2019).

117
118 Wetlands in arid systems are already near their tolerance limits in terms of freshwater inputs
119 (Adame et al. 2021; Bertness et al. 1992; Howard and Mendelssohn 1999; Watson and Byrne
120 2009). Therefore, restoring connectivity between freshwater sources and downstream estuaries is
121 key for mitigating the potentially antagonistic effects of anthropogenic freshwater demands and
122 climate drivers, thus enhancing ecological and societal benefits (Adams et al. 2023; Arthington
123 et al. 2018b). However, effective outcomes will require consideration of local and regional
124 dynamics of changing water, sediment, and nutrient inputs from the watershed (Mosley et al.

125 2023). Adaptive management of hydrological infrastructure may include removing in-stream
126 barriers (e.g., weirs, flood gates) and flood controls on coastal floodplains (e.g., bund walls,
127 levees) to recreate natural flow and connectivity conditions (Chilton et al. 2021; Webster 2010).
128 Future restoration efforts will also need to address past overallocation and illegal catchment and
129 abstraction activities. Such management actions must consider future climate projections to
130 ensure restoration is sustainable in a changing socioecological framework. In some countries,
131 legal mandates require Environmental Flow (E-Flow) allocation to estuaries and associated
132 wetlands. E-flows describe the volume, timing and duration of flows (the hydrological regime)
133 required to sustain the components, processes and services of estuarine and freshwater
134 ecosystems (Arthington et al. 2018b). These E-Flows safeguard estuarine health and their
135 multiple ecosystem services to society (Adams and Van Niekerk 2020; Arthington et al. 2018a).
136 Planning and implementation of E-Flow restoration resides with catchment (or watershed)
137 management authorities and should use an adaptive management approach that includes scenario
138 planning, ecological monitoring, and consultation with advisory panels comprised of scientists,
139 stakeholders, and regional Indigenous groups (Rumbelow 2018). In hypersaline wetlands,
140 however, monitoring, implementation, and enforcement are often underfunded and salinity-
141 specific management is overlooked, especially for invertebrates and other estuarine fauna
142 (Hemeon et al. 2020).

143

144 ***IV. Landscape Modification***

145 Urbanization worldwide has resulted in substantial structural and physical modifications of
146 shorelines and watersheds in general and for intermittently closed estuaries in particular (Bugnot
147 et al. 2021; Lawrence et al. 2021). Resulting changes to erosion, freshwater inputs, and

148 deposition patterns disrupt coastal wetland hydrodynamics (Dugan et al. 2018), potentially
149 altering salinity regimes in systems near biotic salinity tolerance limits (Whitfield et al. 2012).
150 Construction of structures intended to manage erosion (e.g., seawalls, breakwaters), can fragment
151 wetlands and restrict water flow (Bulleri and Chapman 2010). Further, upland development may
152 lead to the loss of relict coastal wetlands due to coastal squeeze, further compromising ecological
153 functionality (Munsch et al. 2017) and reducing biodiversity (Bulleri and Chapman 2010; Dugan
154 et al. 2018). Coastal wetland restoration in heavily regulated, urbanized systems with competing
155 water demands (Verdonschot et al. 2013), such as those in arid and semi-arid regions, present
156 unique challenges. While full recovery to ‘pristine’ pre-disturbed states is often unachievable,
157 adaptive eco-engineering approaches (both hydrological and ecological remediation) may help
158 retain the remaining ecosystem values of coastal wetlands (Elliott et al. 2016; Zedler 2017).

159 **V. *Multiple Co-occurring Stressors***

160 Hypersaline coastal wetlands and estuaries face multiple, cumulative long-term stressors that can
161 complicate restoration and management planning. For example, the impacts of drought and high
162 salinity conditions often coincide with other climate-driven stressors including fire (Taillie et al.
163 2019) and freeze events (Madrid et al. 2014; Osland et al. 2017). Likewise, erosion or
164 sedimentation following severe storms and floods might be amplified during post-drought
165 periods when vegetation cover is reduced, often slowing ecosystem recovery (Alexandra and
166 Finlayson 2020; Cahoon 2006). Drought or hypersalinity may intensify the consequences of
167 anthropogenic stressors associated with land-use type and intensity, such as surface or
168 groundwater extraction, nutrient input, and agricultural grazing (e.g., Tran et al. 2019). Broadly,
169 interactions between hypersalinity and other stressors often constrain ecosystem productivity and

170 restoration potential (Box 1). In many cases, specific outcomes of interactive stressors are
171 specific to sites, species, and stressor conditions, and predicting these patterns will require
172 ongoing and new research efforts (Morzaria-Luna et al. 2014).

173 Any restoration activities in these systems will need to consider the complex range of acute and
174 chronic stressors that may be concurrently or sequentially affecting an ecosystem (Kondolf and
175 Podolak 2014; Spencer and Lane 2016; Turner II et al. 1990). Furthermore, what works well for
176 a foundational species in one region may not transfer to other portions of its range (Box 1).
177 Managing multiple and compounding stressors is especially challenging given projections of
178 increasing frequency and intensity of multiple co-occurring climatic stressors (He and Silliman
179 2019), and a lack of understanding and difficulty predicting the synergistic interactions of co-
180 occurring stressors (Stockbridge et al. 2024).

181

182 **VI. *Values of Local and Indigenous Peoples***

183 The recognition and appreciation of Traditional and Local Knowledges are on the rise, and along
184 with stakeholder values, they are now considered critical for enhancing coastal ecosystem
185 restoration and management success (e.g., Hemmerling et al. 2019; Loch and Riechers 2021;
186 Uprety et al. 2015), including wetlands (de Oliveira et al. 2024). Despite the recognized value of
187 Indigenous and Local Knowledges and efforts to rectify skewed western epistemologies (Parsons
188 and Fisher 2020) and inequities through international commitments (e.g., UN Declaration on the
189 Rights of Indigenous People, Kunming-Montreal Global Biodiversity Framework, and others), the
190 active participation of Indigenous communities in wetland ecosystem restoration remains under-
191 utilized (Gaspers et al. 2022; Reed et al. 2022). Real collaborations between wetland custodians

192 and conventional knowledge scientists, policy makers and practitioners (Muller 2012; Parsons and
193 Fisher 2020) are still limited. Without input from people that reside in and sustainably use the
194 resources within coastal systems, restoration and management actions risk degrading ecosystems
195 and further loss of critical ecosystem services (Nsikani et al. 2023; Peer et al. 2022). This threat is
196 particularly potent in arid, hypersaline wetland systems nearing the biotic tolerance limits for
197 salinity, where “standard” restoration approaches, such as managed realignment, re-establishment
198 of water flow, sediment and nutrient control, and revegetation (Almendinger 1998; Henry et al.
199 2024) are less likely to be effective. Thus, emphasizing the integration of Indigenous, traditional,
200 and locally-led community knowledge in wetlands research, management, and governance is
201 crucial in these hypersaline habitats, offering tangible environmental benefits by informing
202 ecologically sustainable (nature-based) approaches (Reed et al. 2022; Seddon et al. 2021) that are
203 collectively relevant (Pyke et al. 2018). For example, Indigenous-led workshops can be part of a
204 decentralized framework that supports community (including youth and elderly) leadership and
205 rights of custodians to promote meaningful review of needs, co-design and co-implementation of
206 restoration/management (Dickson-Hoyle et al. 2021; Gann et al. 2019; Robinson et al. 2021),
207 governance (de Oliveira et al. 2024) and ecosystem stewardship (Holmes and Jampijinpa 2013) of
208 arid wetlands.

209

210 ***VII. Future Restoration in Practice***

211 Coastal ecosystem restoration demands an integrated, adaptive, and often long-term approach
212 that recognizes changing climatic conditions and increasing anthropogenic pressures. To develop
213 holistic restoration strategies within the Anthropocene context, the following considerations are
214 suggested as critical for the management of hypersaline wetlands:

215 *Socio-ecological framework.* Adopting a socio-ecological systems framework is crucial,
216 incorporating all stakeholders and balancing societal and ecological benefits (Adams et al. 2020;
217 Nsikani et al. 2023). This framework should embrace transdisciplinary approaches that explicitly
218 integrate Indigenous and Local Knowledges, promote Indigenous-led restoration, and engage
219 local communities in restoration practice. Collaborative partnerships among community
220 stakeholders and regulatory agencies are essential for co-producing design and management
221 strategies in hypersaline wetlands. These partnerships will foster sustainable relationships and
222 ensure long-term provision of essential ecosystem functions and the unique suite of biota that are
223 adapted to these hypersaline systems.

224 *Ecological engineering.* Opportunities for “Engineering with Nature” designs (Bridges et al.
225 2018), hold promise for restoring hypersaline wetland systems, especially along heavily
226 modified shorelines (Elliott et al. 2016). Diverse approaches (e.g., managing upstream and
227 downstream infrastructure, constructing novel habitat, and reintroducing foundation species such
228 as salt-tolerant mangroves) can lead to some measure of restoration success. Decisions to pursue
229 engineered solutions should be carefully balanced against the benefits and risks of passive
230 approaches that allow for ecosystem restoration to follow an unmanaged trajectory. In some
231 instances, active restoration work can be ecologically successful and a publicity boon (e.g.,
232 Banerjee et al. 2023), but can also sometimes yield incremental ecological outcomes (e.g., Lee et
233 al. 2019). Engineered solutions may not be responsive or adaptable to rapidly changing climate
234 conditions, including increased frequency and intensity of extreme events (Cohen et al. 2021;
235 Ting et al. 2019), or to chronic and irreversible stressors such as sea level rise (Saintilan et al.
236 2022). Given the uncertainty and variability facing hypersaline wetland systems, and the lack of

237 baseline data to inform management targets (see Section III), it may be challenging to develop
238 sustainable, long-lived engineered designs that can adaptively respond to future climatic
239 conditions.

240 *Regulatory framework.* In complex hypersaline systems that extend across socio-political
241 borders, policy provisions to guide the prioritization and management of water allocations for
242 environmental purposes (E-flows) are being incorporated into some legal agreements for
243 hypersaline systems such as Australia's Murray Darling Basin Plan (MDBA 2012) and the
244 Colorado River Minute 323 (IBWC 2017). In some cases, legally mandated E-flow requirements
245 have bolstered water security by increasing flows, thus generating drought protection to end-of-
246 catchment coastal wetlands (Brookes et al. 2023). In many other instances, however, there
247 remains substantial room for cross-agency collaboration and monitoring to improve data-
248 informed guidance for inflow and freshwater allocation decisions at the catchment scale (Davis
249 et al. 2015).

250 *Adaptive management.* Future restoration of hypersaline systems must integrate climate change
251 projections and anticipated impacts on wetlands and associated communities. For example,
252 managers should consider the delivery of freshwater flows and restoration efforts in the context
253 of drier futures with expanding human populations and subsequent demands on upstream water
254 resources. Addressing these challenges will involve difficult decisions about human-
255 environmental trade-offs that consider the salinity setting (Largier 2023) and the local socio-
256 ecological framework as described above. In doing so, restoration practitioners may need to
257 prepare people for alternate environmental, social and economic futures while striving to restore
258 to the 'best possible' states under a changing climate.

259 Climate change poses adaptive management implementation challenges in hypersaline systems,
260 as this has shifted climatic and rainfall baselines and increased unpredictability in rainfall and
261 extreme events, impacting freshwater use and delivery to estuaries (Stein et al. 2021). Such
262 impacts are likely to also affect sediment supply to coastal wetlands, which is already low in
263 most arid/semi-arid areas. Any further reduction in sediment supply due to reduced
264 freshwater/land-based inputs to the coast will subsequently reduce accretion rates in wetlands.
265 This will decrease the ability of these systems to maintain their optimal position in the tidal
266 frame and lead to increased erosion and/or shoreline submergence with sea-level rise. These
267 climate-induced changes may affect the state of estuaries post-restoration, necessitating revised
268 management practices, notably a “learning-by-doing” approach.

269 *Next steps.* Restoration is vital to maintain and improve the health of hypersaline wetlands,
270 ensuring the provision of multiple ecosystem services to society. There are unique challenges
271 associated with adaptive restoration of wetlands subject to salinity extremes, and these
272 challenges are compounded by co-occurring stressors and anthropogenic alterations, including
273 estuary mouth closure and freshwater inflow diversions. Restoration in practice should be
274 adaptively informed by locally-led, community-informed best practices at the catchment scale,
275 and future research should seek to fill gaps in this type of knowledge. There is a broad need for
276 actionable research on adaptively managing high-salinity wetlands that will enhance the
277 sustainability and effectiveness of future restoration efforts. Using practices, information, and
278 lessons shared across a diversity of socio-ecological settings will improve the effective
279 management of hypersaline coastal wetlands on a global scale.

280

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289

290 **Author contributions**

291 A.R.A, J.B.A., C.W., and K.R. conceived the paper concept and organized a special session at
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302

303 **Conflict of Interest Statement**

304 The authors have no competing interests to report.

305

306 **Data Availability Statement**

307 No new data are reported in this article.

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