

P01-330 - **DREAMING BRAIN AND ACCULTURATIVE MIND**

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Author intends to explicate dreaming brain and mind interactions by interpreting the neurophenomenology of dreaming brain as well as by analyzing the narratives of collected dream data. The author articulates acculturative dreaming mind by demonstrating two empirical research outcomes and suggests some analogical connections between dreaming brain and acculturative dreaming mind.

The author explored an acculturative dreaming model by analyzing dream data that show an unconscious self-adaptation or acculturative self-process. The author designed "Lee Acculturation Dream Scale" (Lee, Sang Bok, 2005: *Psychological Reports*, 96, 454-456) to analyze the location of each dream by evaluating the dream content. A two-sample t test on the mean score of the "Lee Acculturation Dream Scale" indicated significant difference between men and women (Lee, 2005).

In terms of domain-specific dreaming mind the author analyzed the dreamers' anxiety level by evaluating the dream content. A sample t test on the "Lee Cross-cultural Anxiety Dream Scale" (Lee, Sang Bok, 2008) means showed significant difference between the two groups ($p < 0.001$): Korean college students group (N=93, M=1.7, SD=1.2) and Korean-American college student group (N=165, M=2.3, SD=1.5). In this study, Korean American college students, who were experiencing cross-cultural life situation and under acculturation process in the USA, showed more anxiety in their dream contents than Korean college students

Dreaming brain and mind need to be recapitulated as having inherently acculturative function regardless of cultural origins, value or life-style difference.