

Obituary

BOLESŁAW ALAPIN, formerly Consultant Psychiatrist, Hill End Hospital, St Albans, Herts.

Dr Alapin was born on 16 August 1913 in Warsaw, Poland, where he received his education, both general and medical. He achieved more than a modicum of success in his native country and he was, for example, chairman of the Warsaw Section of the Polish Society of Neurologists and Psychiatrists from 1955 to 1970, and Head of Postgraduate Studies in Psychiatry in Warsaw from 1962 to 1969.

Despite his success, Alapin found himself at odds with the regime in Poland, and, in 1970—not to put too fine a point on it—he defected and came to England. Such was his international reputation that he immediately found employment and was appointed a registrar at Horton Hospital, Epsom, where I had the good fortune to work with him for almost three years.

To begin with his command of English was pretty scant, but he applied himself with great diligence and it was not long before he was sufficiently fluent to be able to make a full contribution to the working of my firm. It was in many ways anomalous to have someone of his academic distinction at clinical meetings at which I was nominally the teacher. Not infrequently the roles were reversed, a reversal to which I had not the slightest objection. He was indeed an excellent teacher, and I was his apt pupil. Not only was he an excellent colleague, but also a very good companion.

Recognition of his true worth was not long delayed: he was appointed consultant to Hill End Hospital in 1973 where he worked until his retirement in 1981. He took an active part in College affairs and served on the Executive Committee of the Thames Valley Division from 1975 to 1980. He was elected to the Fellowship in 1980.

Bolesław Alapin was one of a long line of men who escaped tyranny and came to these shores with nothing to offer but their native intelligence and skills, attributes which have enriched our knowledge and our lives immeasurably.

HRR

MARSHALL WILFRED ANNEAR, Consultant Psychiatrist, Psychiatric Postgraduate Centre, Morgannwg Hospital, Bridgend, Mid Glamorgan, Wales.

Dr Marshall Wilfred Annear, MRCS, LRCP, FRCPSych, DPM(Eng), DPM(Brist.) died on 28 July 1985, at the age of 67 after a very brief illness. He was a staunch supporter of the College and joined the RMPA in 1942, serving on its Education Committee and on the Films Subcommittee as Vice-Chairman. Later he became a member of the College Council, the Programmes and Meetings Committee, the Nursing Subcommittee, the Psychiatric Tutors Subcommittee, the Audio-Visual Aids Group, and the Central Approval Panel. He was an examiner for the Membership.

In Wales he had served as Chairman of the Welsh Division and as Approved Panel Convenor.

His first psychiatric post was at St Andrew's, Northampton, and from there he was called up to see active service as an RAMC Captain in North Africa and Italy. He had a special interest in the emergency treatment of battle neuroses. He concluded his Army service in 1947 as Area Psychiatrist for North-East England. Back in Wales he had a spell as Senior Psychiatrist at Whitchurch Hospital, Cardiff, before joining the staff of Morgannwg Hospital, Bridgend, in 1951.

He became Medical Superintendent of Morgannwg and brought his great energy to bear on the revamping of that large institution, in keeping with the revolution in mental hospital practice just beginning. Dr Annear's most enduring professional monument, however, shines in his prodigious efforts in the field of postgraduate education in psychiatry. He became Postgraduate Organiser and Psychiatric Tutor at Morgannwg and built up a magnificent Centre and a series of courses to meet the needs both of young psychiatrists and of general practitioners. All this he achieved in the face of many difficulties, but his enthusiasm and zeal prevailed and very many doctors owe a great debt to his devotion. Even after his retirement from consultant practice he continued to work as Tutor until his death.

Marshall was greatly respected in the Principality as a psychiatrist and for his personal qualities. He was Chairman of the Welsh Psychiatric Society, Chairman of the Mid Glamorgan division of the BMA, President of Barry MIND, and psychiatric adviser to the Penarth Pastoral Foundation.

His wife Doreen (also a doctor) and he were keen travellers and visited most parts of the globe bringing back a fund of stories and pictures. Marshall had a great interest in books, especially concerning the historical aspects of medicine and psychiatry, and was a Chairman of the History of Medicine Society of Wales. He has two sons, both consultants and members of our College. His daughter has also worked in the psychiatric field as a nurse and social worker.

KR

WILLIAM FRANCIS ROPER, CBE, formerly Principal Medical Officer, HM Prison Wakefield.

Frank was born at Plymouth on 2 December 1898, the son of a dental surgeon. He held a regular commission in the Royal Artillery during the latter part of the First World War, after which he began his training in medicine at Guy's Hospital. As a student he obtained a memorial prize, and a distinction in his first MB exam. He qualified in 1924, and after holding various house jobs at his teaching hospital, became an Assistant Medical Officer at Bexley Asylum before joining the Prison Medical Service at Wandsworth Prison in September 1926. Thereafter he

served at the prisons of Brixton, Wormwood Scrubs, Dartmoor and Wakefield, becoming at the latter the acting Principal Medical Officer in 1947, substantiated in 1956. Whilst at Wakefield he was appointed a member of the management committee of the West Riding Mental Hospital, and at this time published in the *British Journal of Delinquency* a two-part comparative study of a 1,000 star convict and other prisoners who made up the population of his establishment.

Frank retired on 31 October 1961 after 35 years' service, and with the expressed gratitude of the then Prison Commissioners for his exceptionally valuable contribution to the work of the Service. He went then to Ambleside but to his regret arthritis of his knee prevented his enjoyment of the lakes, and so he returned to his native Devon and settled permanently at Brixham. There he died on 1 November 1984 at the age of 85.

Frank was a very happily married man with two sons, one a doctor and the other a dentist. He was always the perfect gentleman and had a generous personality. He had a gift with words, taking a special interest in the management training of both Officers and Assistant Governors at the services Staff College. He was an active member of the RMPA, and regretted deeply that he was never able to obtain secondment to Broadmoor to satisfy the statutory requirement to sit the DPM. Nevertheless, the College recognised his worth and elected him to the Fellowship in 1972. In his retirement he undertook work for the Civil Service Department in the selection of candidates for higher appointments, but never again did he feel stretched. To his regret, his ties with the Prison Service became tenuous, and he died feeling somewhat isolated from his life's principal work.

DOT

FREDERICK TINDALE SHADFORTH, Honorary Consultant, Lady Chichester Hospital, Sussex.

Frederick Tindale Shadforth, who died after a short illness on 15 August 1985, established an interest in psychiatry while still in general practice, and this was furthered during war service in the RAMC, where he became a consultant psychiatrist. After the war, he trained further at the Tavistock Clinic and underwent a personal analysis. When he was appointed to an NHS consultancy in psychiatry at the Lady Chichester Hospital in Hove, his dynamic orientation was firmly established and formed a basis for his major contribution to psychiatry in East Sussex, the creation of a therapeutic community in which he led and inspired a group of colleagues in the treatment and care of a section of the community hitherto neglected. His inspiration and his courteous and reasoned advocacy overcame the doubts and prejudices of colleagues and administrators, and the new hospital became a highly regarded centre for the training of many generations of professional mental health workers. Concurrently, he maintained a deep interest in child psychiatry and was a consultant to the Worthing Child Guidance Clinic.

In 1962 he entered a new and challenging part of his career on his appointment as Consultant Psychiatrist to the University of Sussex Health Service, and for the next 11 years played a major part in setting up a comprehensive student health service with proper regard for the psychological stresses of late adolescence in a University setting. Particularly, he encouraged, taught and supervised medical, nursing, and psychotherapist staff in the formation of a unit which became regarded as a model of its kind.

His wide cultural interests (he took an Arts Degree in the Open University after his retirement) and his sincerity of purpose and warmth of personality made him a delightful colleague. He married twice, his first wife, Lilian, who died in 1981, and his second wife, Louie, who pre-deceased him by only a few months. He is survived by his daughter Pamela and his son Anthony.

KG & EB

LEO ZOLLMAN, formerly Consultant Psychiatrist, Barnsley Hall Hospital, Worcestershire.

Leo Zollman died on 24 June 1984. He was born in Czechoslovakia in 1913 and subsequently attended Prague Medical School from 1933–39. His medical studies were, however, interrupted by the Hitler invasion. Like many of his co-religionists, escape became a matter of life and death but he was fortunate to be able to make his escape across Germany and Holland to England.

He obtained an International Student Service Scholarship for chemistry on the completion of his BSc at Birmingham University in 1942, and was appointed Metallurgist with BSA in Redditch. He was determined to resume his medical career and after further studies at Birmingham University Medical School from 1943–45, the degree of MD (Prague) was conferred by Oxford University.

Entering psychiatry in 1948, he became a Consultant at Barnsley Hall Hospital where he worked until his retirement at 65 in 1978. His work in the arduous conditions of Oldbury and Halesowen, and ultimately Brierley Hill was much appreciated by GPs and patients alike, as was his support for the Brierley Hill Samaritans. Following his retirement this indefatigable man became Honorary Consultant Psychiatrist to Heronbrook House, Knowle. It was a measure of his breadth and wide approach to life that although an agnostic of Jewish origin, he was able to provide psychiatric guidance to this Roman Catholic institution for nervous disorders of the clergy of that faith.

Leo was a man of great wisdom and kindly tolerance. Although an organicist by orientation his Central European background illuminated his approach to his patients. This gave his work a depth sometimes not found in UK graduates of today. His unhappier earlier experiences not unnaturally inclined him to a certain pessimism, but this was amply compensated by his sense of humour which expressed itself in his pungent wit. He is survived by his wife, three sons and two grandchildren.

LT