

Impaired Mental Sphere in Patients with Acute Medical Condition

B. Mykhaylov¹, B. Fedak²

¹Psychotherapy, Kharkov medical academy of postgraduate education, Kharkov, Ukraine ; ²Psychotherapy, Healthcare Utility «Regional Clinical Hospital – Centre of urgent medical care and accident medicine», Kharkov, Ukraine

Today remains understudied health issue - the psychological aspect of the problem of acute therapeutic diseases. Among the most common diseases - coronary heart disease (CHD), myocardial infarction (MI), crisis states in patients with arterial hypertension (AH), transient ischemic attack (TIA) and acute stroke (AS), gastric ulcer and duodenal ulcer (GU&DU). Question clinical features of the structure, dynamics, current and immediate link with the medical condition is not fully understood, which was the basis of our research, the purpose of which was to identify psychic disturbances in patients with acute therapeutic disease. 187 patients were examined, 34 CHD patients, 37 – MI, 38 - TIA, 39 – AH, 39 - GU&DU. 65% male and 35% female aged 20 to 60 years. The main research method was clinical and psychopathological. A high-level affective and neurotic disorders in these patients was observed. Structured analysis allowed identifying four main options disturbances: nosogenic neurotic reaction–68 patients; somatogenic asthenic syndrome – 46 patients; reaction psychological maladjustment – 34 patients; acute stress reactions–39 patients. Stratification of structure psychopathological syndroms allowed systematizing them in 4 different manifestations: asthenic–24%; anxiety-46%; subdepressive-11%; somatoform-19%. This was the basis for the determination early psychotherapeutic correction program, formed by integrative model. The high efficacy was shown in 74% patients, middle range – in 15%, low- in 11% patients.