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New from CPD Online

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CPD Online is an e-learning resource offered by the Royal College of Psychiatrists. The website contains a range of learning modules and podcasts that provide a flexible, interactive way of keeping up to date with progress in mental health. College members may use CPD Online for up to 25 CPD points in the UK. Access to the modules is through annual subscription, but we offer a series of free trial modules. For more information, visit the CPD Online website: www.psychiatrycpd.org.

Recent modules and podcasts

Seclusion reviews in secure settings[†]

Seclusion can be particularly important in the hospital care of the most unwell or highest-risk patients. However, it can be controversial and clinicians have a huge responsibility to ensure its judicious use. This module highlights key guidance from the Mental Health Act 1983 Code of Practice and uses a series of videos to illustrate the practicalities of secluding a patient and ending their seclusion. **CPD credits: 1.5**



Leadership and management series: Part 3 – pragmatic leadership in teams and groups

Working as a member of established teams and *ad hoc* working groups is a core aspect of the role of a consultant psychiatrist. Unfortunately, the majority of texts on team leadership comprise a brief synopsis of commonly referenced and older models of team leadership, without exploring their application in real-world mental healthcare settings. This module seeks to redress these limitations. **CPD credits: 1.5**



Podcast Can delusions be explained? (RCPsych Congress 2015)

In this podcast, Professor Richard Bentall talks to Raj Persaud about the various theories of delusions, focusing on early attachment theories and so-called 'tricky' cases of delusions. **CPD credits: 0.5**



Podcast The role of therapist self-disclosure

Is it ever appropriate for therapists to talk about themselves with clients? Could it even be beneficial? Therapist self-disclosure is a topic infrequently discussed and researched, but one study showed that over 90% of therapists do self-disclose to some extent. In this podcast, Raj Persaud talks to clinical psychologist Anna Ruddle about the potential advantages of therapist self-disclosure. **CPD credits: 0.5**



[†]Joint commission with Newton-Howes G (2013) Use of seclusion for managing behavioural disturbance in patients. *BJPsych Advances*, 19: 422–8.