

VOL. XCV, NO. 398

JANUARY, 1949

THE JOURNAL OF MENTAL SCIENCE

(THE BRITISH JOURNAL OF PSYCHIATRY)



BY AUTHORITY OF
THE ROYAL MEDICO-PSYCHOLOGICAL ASSOCIATION

EDITOR-IN-CHIEF
G. W. T. H. FLEMING

CO-EDITORS
Alexander Walk and P. K. McCowan

AND WITH THE ASSISTANCE OF

| | |
|-----------------------|--------------------------|
| E. D. Adrian | E. G. Holmes |
| F. C. Bartlett | C. J. McCarthy |
| S. M. Coleman | Alfred Meyer |
| C. J. C. Earl | Lionel S. Penrose |
| Sir A. Fleming | A. A. W. Petrie |
| F. L. Golla | E. T. O. Slater |
| W. Stephenson | |

LONDON
J. & A. CHURCHILL, LTD

Published Four times Yearly, Ten Shillings and Sixpence net

THE JOURNAL OF MENTAL SCIENCE

Communications on general editorial matters, including MSS. for publication, books for review and other printed matter, and communications regarding the *Epitome* section, including journals to be abstracted, should be sent to the **Editor-in-Chief, Barnwood House, Gloucester.**

Communications and inquiries regarding sales should be addressed to the Publishers, **Messrs. J. & A. CHURCHILL, Ltd., 104, Gloucester Place, Portman Square, London, W.1;** and those regarding Advertisements to **Messrs. S. & H. FRETWELL, Ltd., 92, Fleet Street, London, E.C.4.** Phone: Central 5587/8.

THE ROYAL MEDICO-PSYCHOLOGICAL ASSOCIATION

PUBLICATIONS

From **MESSRS. ADLARD & SON, LTD.,**
Bartholomew Press, Dorking.

Enquiry (History) Form, supplied in three sizes: 16 pp., 9½" x 6½"; 8 pp., 12½" x 8" 4 pp., 16" x 10". Prices on application.

Card of Practical Instruction. Prices on application.

From **BAILLIÈRE, TINDALL & COX:**

"Handbook for Mental Nurses." 7th edn. 1923. Price 7/- net.

"Manual for Mental Deficiency Nurses." 1931. Price 6/6 net.

"Occupational Therapy Brochure." 1938. Price 1/-.

From the **SECRETARY, 11 Chandos Street, London, W. 1:**

"Regulations and Rules for the Examinations for the Certificates of Proficiency in Mental Nursing and in Nursing Mental Defectives." Price 1/-.
Postage 1d.

"Syllabuses for the Examinations for the Certificates of Proficiency in Nursing Mental Defectives." Price 2d. each. Postage 1d.

Examination Papers, 1928-38 (reprinted). Price 1/6. Postage 1d.

The Charter and Bye-Laws of the Association. Price 1/-.
Postage 1d.

ADLARD & SON

LIMITED

**BARTHOLOMEW PRESS
DORKING — SURREY**



**PRINTERS
OF THIS ::
:: JOURNAL**

ESTIMATES SUBMITTED PROMPTLY

FOUNDED IN 1766, the Firm has continued uninterruptedly, and is able to undertake **ALL CLASSES OF PRINTING.**

The Staff is Specially Trained in the production of all printed matter connected with **Private Hospitals and Homes, Medical, Scientific and other Institutions.**

Regd. Offices: 194/200 BISHOPSCATE, E.C. 2.

Tel.: DORKING 2606.

oestrogens and mental disorders.



Efficient oestrogenic therapy has a special place in the management of mental disorder in women because disturbance of endocrine functions, usually accompanied by menstrual symptoms, often has a psychiatric manifestation. A synthetic oestrogen of low toxicity such as Dienoestrol Glaxo is therefore of more than usual interest to specialists in psychological medicine. Dienoestrol Glaxo is an oestrogen fully effective by mouth, and is of proved value in the symptomatic treatment of the physical and mental disturbance of the menopause, and in certain cases of amenorrhoea.

GLAXO

DIENOESTROL Glaxo

Tablets: 0.1, 0.3, 1.0 and 5 mg.
Bottles of 100 and 1,000*

Also available: **CLINESTROL** (Stilboestrol)

Tablets: 0.5, 1.0 and 5 mg.

Bottles of 100 and 1,000* (5 mg. tablets: 25 and 1,000)

*Dispensing size

GLAXO LABORATORIES LTD., GREENFORD, MIDDLESEX. BYRON 3434

a

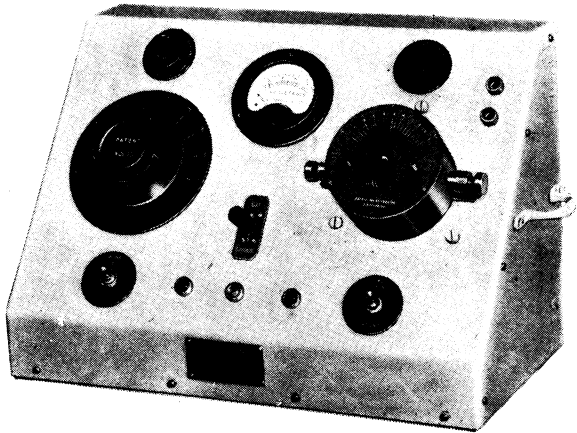
ELECTRIC CONVULSION THERAPY

for treatment of Melancholia, Mental & Psychiatric Disorders

(EDISWAN MODEL)

MEDICAL OBSERVATIONS:

Many thousands of cases have been successfully treated by this method, including sufferers from INVOLUTIONAL MELANCHOLIA, CLIMACTERIC DEPRESSION, RECENT MANIA, ACUTE PSYCHOSES AND OTHER PSYCHIATRIC DISORDERS.



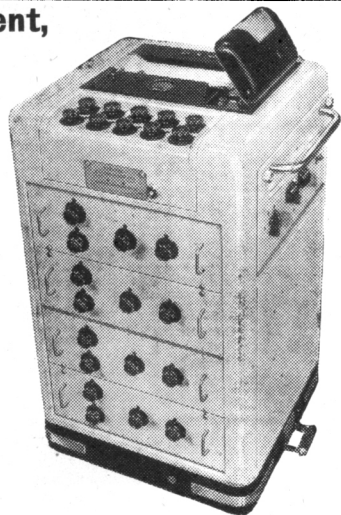
An apparatus constructed to specification of Mr. GREY WALTER. The ideal method for inducing epileptiform seizures. Administration is simple, speedy and effective. Complete amnesia of patient. Apparatus is portable and is in use in more than 250 Hospitals.

Please write for brochure describing technique together with clinical data and bibliography.

COX-CAVENDISH ELECTRICAL CO., LTD.

Phone :] 45-47 Marylebone High Street, London, W.1 [WELbeck 2886-7

This highly distinguished instrument,
the *mains-operated* Marconi
ELECTRO - ENCEPHALOGRAPH
makes possible a thorough
investigation into cerebral
conditions arising from injury
or pathological abnormalities



FULL DETAILS AVAILABLE ON REQUEST FROM DEPT. 33MS

MARCONI INSTRUMENTS LTD

ELECTRO-MEDICAL APPARATUS

ST. ALBANS, HERTFORDSHIRE

Telephone: ST. ALBANS 6161/5

Northern Office : 30 ALBION STREET, HULL

Phone: Hull 16144

Western Office : 10 PORTVIEW ROAD, AVONMOUTH

Phone : Avonmouth 438

Southern Office & Showrooms : 109 EATON SQUARE, LONDON, S.W.1

Phone : Sloane 8615



MENTAL HOSPITALS, INSTITUTIONS, HOMES, ETC.

ST. ANDREW'S HOSPITAL

FOR NERVOUS AND MENTAL DISORDERS

NORTHAMPTON

President: THE MOST HON. THE MARQUESS OF EXETER, K.G., C.M.G., A.D.C.

Medical Superintendent: THOMAS TENNENT, M.D., F.R.C.P., D.P.H., D.P.M.

This Registered Hospital is situated in 130 acres of park and pleasure grounds. Voluntary patients who are suffering from incipient mental disorders or who wish to prevent recurrent attacks of mental trouble, temporary patients, and certified patients of both sexes are received for treatment. Careful clinical, bio-chemical, bacteriological, and pathological examinations. Private rooms with special nurses, male or female, in the Hospital or in one of the numerous villas in the grounds of the various branches can be provided.

WANTAGE HOUSE

This is a Reception Hospital in detached grounds with a separate entrance, to which patients can be admitted. It is equipped with all the apparatus for the complete investigation and treatment of Mental and Nervous Disorders by the most modern methods; insulin treatment is available for suitable cases. It contains special departments for hydrotherapy by various methods, including Turkish and Russian baths, the prolonged immersion bath, Vichy Douche, Scotch Douche, Electrical baths, Plombières treatment, etc. There is an Operating Theatre, a Dental Surgery, an X-Ray Room, an Ultra-Violet Apparatus, and a Department for Diathermy and High-Frequency treatment. It also contains Laboratories for biochemical, bacteriological, and pathological research. Psychotherapeutic treatment is employed when indicated.

MOULTON PARK

Two miles from the Main Hospital there are several branch establishments and villas situated in a park and farm of 650 acres. Milk, meat, fruit and vegetables are supplied to the Hospital from the farm, gardens, and orchards of Moulton Park. Occupational therapy is a feature of this branch, and patients are given every facility for occupying themselves in farming, gardening and fruit-growing.

BRYN-Y-NEUADD HALL

The seaside house of St. Andrew's Hospital is beautifully situated in a Park of 330 acres at Llanfair-fechan, amidst the finest scenery in North Wales. On the North-West side of the Estate a mile of sea-coast forms the boundary. Patients may visit this branch for a short seaside change or for longer periods. The Hospital has its own private bathing house on the seashore. There is trout-fishing in the park.

At all the branches of the Hospital there are cricket grounds, football and hockey grounds, lawn tennis courts (grass and hard courts), croquet grounds, golf courses, and bowling greens. Ladies and gentlemen have their own gardens, and facilities are provided for handicrafts, such as carpentry, etc.

For terms and further particulars apply to the Medical Superintendent (Telephone No. 2356 and 2357 Northampton), who can be seen in London by appointment.

HEIGHAM HALL, NORWICH

PRIVATE MENTAL HOME

for Nervous and Mental illness. All forms of treatment available. Fees from 5 gns. per week upwards, according to requirements. Vacancies occasionally exist at reduced fees on the recommendation of the patient's own physician.

Apply to **Dr. J. A. SMALL.**

TELEPHONE: NORWICH 20080.

LAVERTOCK HOUSE SALISBURY

PRIVATE MENTAL HOME FOR LADIES AND GENTLEMEN

Completely up to date. Lovely house and grounds (18 acres). Certified and uncertified cases taken. Facilities for going to the seaside.

ESTABLISHED OVER 200 YEARS

Apply to the Med. Supt. for illustrated brochure.

Tel.: SALISBURY 2612.

In depressive states . . .

the central nervous stimulant of choice

INDEPRESSIVE conditions 'Dexedrine' may be relied on to effect a remarkable improvement in mood and outlook, and to aid the patient in regaining a normal grip on life and living. The striking preponderance of its central nervous effect over its weak peripheral activity makes

'Dexedrine' virtually a single-action drug. Patients are ordinarily spared the disturbing consciousness of 'drug stimulation', and thus 'Dexedrine' is especially suitable for the highly-strung, the emotionally unstable, convalescents, men and women undergoing the climacteric, and the aged.

● Available for prescription in packs of 24 tablets. Samples and literature on request.

'DEXEDRINE' TABLETS

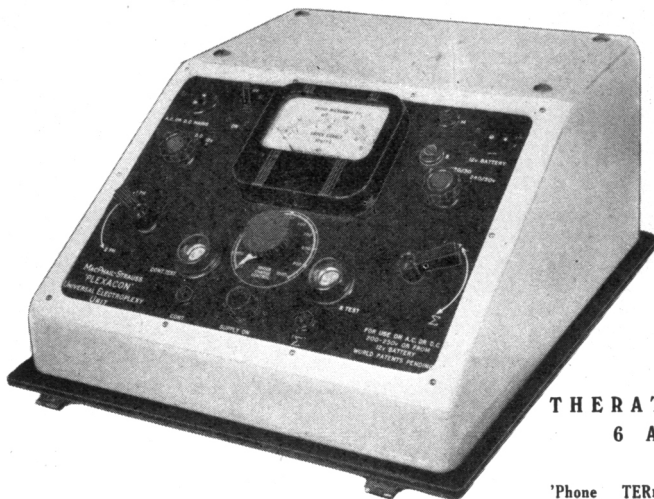
(5 mg. dextro-amphetamine sulphate)

MENLEY & JAMES, LTD., 123 Coldharbour Lane, London, S.E.5
For Smith Kline & French International Co., owner of the Trade Mark.

D4S

The 'PLEXACON' Universal Electroplexy Unit is the Psychiatrist's instrument of choice

The 'Steep-Wave' Electroplexy Unit (after MacPhail & Strauss) operates on any A.C. or D.C. Supply or 12 v. Battery Absolute Dosage No Timing Gear



Great Electrode Simplification
Lowest Traumatic Incidence
Dosage Independent of Supply conditions
Portable
Dependable
No valves

For further details apply to:

THERATRONICS LTD
6 ARGYLE WALK
LONDON, W.C.1

'Phone TERminus 2364

BARNWOOD HOUSE

GLOUCESTER



CRICKLEY COURT—ONE OF THE SEPARATE VILLAS

A REGISTERED HOSPITAL for the CARE and TREATMENT of LADIES and GENTLEMEN suffering from NERVOUS and MENTAL DISORDERS. Within two miles of the Western and London Midland Regional Railway Stations at Gloucester, the Hospital is easily accessible by rail from London and all parts of the United Kingdom. It is beautifully situated at the foot of the Cotswold Hills, and stands in its own grounds of over 300 acres. Voluntary Patients of both sexes are also received for treatment. Special accommodation is also provided at three villa residences, all of which stand in their own grounds and are entirely separate from the main Hospital. All the most modern methods of treatment including electric shock and prefrontal leucotomy are used.

For Terms, etc., apply to

G. W. T. H. FLEMING, M.R.C.S., L.R.C.P., D.P.M.,
Physician Superintendent,

who may be seen in London by appointment

TELEPHONE: No. 66207 GLOUCESTER



Insulin-Boots

in the treatment of

Schizophrenia

INSULIN is still the method of choice in the treatment of cases of acute onset and short history. Insulin Therapy in these selected cases leads to higher recovery and lower relapse rates, with a reduction in hospitalization time — an

important consideration in these days of limited accommodation.

20, 40 and 80 units per c.c.

Vials of 5 c.c. and 10 c.c.

Further information on request to the Medical Department.

Boots Pure Drug Co. Ltd.

Nottingham, England



S.39

ELIXIR GABAIL

(BROMO-VALERIANATE)

The Ideal Sedative in all Nervous Affections

Elixir Gabail combines the sedative action of Bromide and Chloral Hydrate with the nervine and anti-spasmodic deodorised Valerianate. Pharmaceutically it is as pleasant and palatable as it is efficacious from the therapeutic standpoint, the disagreeable odour and flavour of the Valerian having been completely removed without in any way impairing its therapeutic value.

In Hysteria and Psychasthenia it relieves nervous excitement and produces a calm state of mind that is conducive to rapid recovery. It is also of value in states of temporary emotional excitement, in Hypochondriasis and Melancholia.

Dosage: One tablespoonful in water twice or thrice daily. As a hypnotic: two tablespoonfuls in water at bedtime.

Supplied in bottles of 187 c.c., 16 ozs., and in bulk for Hospital use.

Literature and Samples on request.

The ANGLO-FRENCH DRUG Co. Ltd.
11-12, Guilford Street, London, W.C. 1

TRADE MARK

'SONERYL' BRAND
butobarbitone

*short**sedation to**prolonged narcosis*

• One of the advantages of 'Soneryl' is the ease with which, by graduating the dose, the degree of action may be varied from the mildly sedative to the deeply hypnotic.

This is of particular interest in psychiatric practice for it enables the one drug to be used as a hypnotic in all the mental states from simple anxiety to intractable psychosis. It may be given for long periods with the minimal side-effects.

Generally 'Soneryl' is given orally in tablets (grains $1\frac{1}{2}$ in each), but for cases where it is impracticable to give the drug by mouth, suppositories containing three, five or ten grains of 'Soneryl' are available.

Supplies: Tablets in containers of 12, 25, 100 and 500
Suppositories in boxes of 5

*manufactured by***MAY & BAKER LTD.***distributors*

PHARMACEUTICAL SPECIALITIES (MAY & BAKER) LTD. DAGENHAM

47228

[Facing first matter



W. REES-THOMAS, M.D., F.R.C.P., D.P.M.

President.
1948-9.