

## Editorial

As the new format of *Behavioural Psychotherapy* enters its second year, a further change is planned. The Journal's balance between reports of relevant and high quality research and the provision of practical clinical detail has often been the subject of debate within the British Association for Behavioural Psychotherapy. In particular, it has been difficult to preserve the scientific standards of behavioural psychotherapy as an applied science on the one hand whilst providing a forum for the description of innovative clinical procedures on the other. It is clear that, whilst the intensive study of the single case utilizing single case experimental designs fulfils some of the requirements for treatment development, this type of approach often represents a second stage in the development of clinical techniques.

As of the present issue, *Behavioural Psychotherapy*, is therefore introducing a new journal section designed to allow the dissemination of novel clinical applications and phenomena. The section will be entitled "*Brief Clinical Reports*", and submissions should conform with the format outlined below. Suitable material might include unusual case reports, accounts of potentially important techniques, phenomena or observations; for example, descriptions of previously unreported techniques, outlines of available treatment manuals, descriptions of novel variations of existing procedures, details of self-help or training packages, accounts of the application of existing techniques in novel settings and so on. This new section is intended to extend the scope of the existing clinical section, which will continue as before.

Submissions for this section should have a text of *no longer than five typescript, double spaced pages*, and no more than six references. However, the author/s *must* also include with the submission, copies of an extended report which contains fuller clinical details. There are no restrictions on the size or format of this backup document. This may, for instance, be a treatment manual or a fully detailed case report, therapy transcript and so on. Both the report and the extended document will be sent for review. If a submission is accepted for publication as a *Brief Clinical Report*, the author/s must be prepared to send the fuller document to those requesting it, free of charge. In this way, it is hoped that the journal will extend its function as a forum for clinical material pertinent to the discipline of behavioural psychotherapy. It is also intended to publish a cumulative subject index of the material for this section at the end of each year.

A further change; Sue Spence and Brendan Bradley are retiring as book review editors. Their substantial contribution to the journal over the past few years is gratefully acknowledged. They will continue to be associated with the journal as members of the editorial board. Book reviews will now be in the

capable hands of the new editors, Max Birchwood and Susan Robinson who are a welcome addition to the editorial team. They will be assisted by a number of people who will take on specialist areas for book reviewing. Anyone who is interested in reviewing books for the journal should contact Max or Susan at the Department of Clinical Psychology, All Saints Hospital, Lodge Road, Birmingham, B18 5SD, specifying their areas of interest.

**Paul Salkovskis**