

# Irish Journal of Psychological Medicine

[journals.cambridge.org/ipm](http://journals.cambridge.org/ipm)



## The Key Papers are:

**An established practice in new surroundings: concepts, challenges, pitfalls and guidelines for NCHD Balint Groups.**

*L. Douglas, L. Feeney*

**A participatory approach to the development of a co-produced and co-delivered information programme for users of services and family members: the EOLAS programme (paper 1)**

*A. Higgins, D. Hevey, P. Gibbons, C. O'Connor, F. Boyd, P. McBennett, M. Monahan*

**The impact of a specialized inpatient and day patient group programme on clinical outcome in older adolescents and young adults with mental illness**

*P. McCrossan, A. Ryan, M. Connellan, P. Power*

**Daniel Frederick Rambaut: 'Rugbanian' and innovative Resident Medical Superintendent**

*A. Collins*



**College of Psychiatrists  
of Ireland**

Wisdom • Learning • Compassion

<https://doi.org/10.1017/ipm.2017.3> Published online by Cambridge University Press

**CAMBRIDGE  
UNIVERSITY PRESS**

## EDITORIAL COMMITTEE

### Editor-in-Chief

**Dr John Lyne**, *Royal College of Surgeons in Ireland; North Dublin Mental Health Services*

### Deputy Editor

**Dr Niall Crumlish**, *Consultant Psychiatrist, St James's Hospital*

### Consulting Editor

**Dr Larkin Feeney**, *Consultant Psychiatrist, Cluain Mhuire Community Mental Health Service; Senior Lecturer, Royal College of Surgeons in Ireland*

### Associate Editors

**Professor Louise Gallagher**, *Professor of Child and Adolescent Psychiatry, St. James's Hospital, Dublin; Trinity College Dublin, Ireland*

**Dr Brian Hallahan**, *Consultant Psychiatrist, University Hospital Galway National University of Ireland, Galway, Ireland*

**Dr Erik Kolshus**, *Trinity College Institute of Neuroscience, Trinity College Dublin; Limerick Mental Health Services*

**Dr Brian O'Donoghue**, *Orygen, the National Centre of Excellence in Youth Mental Health, Melbourne, Australia; Centre for Youth Mental Health, University of Melbourne, Australia*

### Editorials Editor

**Professor Mary Cannon**, *Consultant Psychiatrist, Beaumont Hospital, Dublin Associate Professor, Royal College of Surgeons in Ireland*

### Book Reviews Editor

**Dr Thekiso Boitshoko Thekiso**, *Trinity College Dublin, Ireland*

## EDITORIAL BOARD

### Professor Dinesh Bhugra

*Institute of Psychiatry, Psychology and Neuroscience, King's College London, UK*

### Peter F. Buckley

*Medical College of Georgia, Georgia Regents University, Augusta GA*

### Dr Peter Byrne

*Royal London Hospital; Strathclyde University, Glasgow*

### Professor Patricia Casey

*Mater University Hospital, Dublin*

### Professor Mary Clarke

*Dublin and East Treatment and Early Care Team (DETECT) Services; St. John of God Community Services; University College Dublin*

### Professor David Cotter

*Royal College of Surgeons in Ireland*

### Ciaran Crumney

*Member, CPsychl REFOCUS Group (Recovery Experience Forum of Carers and Users of Services), Ireland*

### Dr Robert Daly

*North Dublin Mental Health Service*

### Professor Ted Dinan

*University College Cork*

### Dr Philip Dodd

*St. Michael's House, Coolock, Ireland*

### Dr Blanaid Gavin

*University College Dublin*

### Professor Michael Gill

*Trinity Centre for Health Sciences St. James' Hospital, Dublin*

### Dr Gautam Gulati

*University College, Cork*

### Professor Angela Hassiotis

*UCL Division of Psychiatry, London*

### Dr Katherine Johnson

*University of Melbourne, Australia*

### Professor Harry Kennedy

*Trinity College Dublin*

### Professor Colm McDonald

*National University of Ireland, Galway*

### Founding Editor

**Dr Mark Hartman**

### Professor Patrick McGorry

*Centre for Youth Mental Health, the University of Melbourne*

### Dr Jane McGrath

*Trinity College Dublin and St John of God Hospital, Co. Dublin*

### Professor Fiona McNicholas

*Dept of Psychiatry, Our Lady's Hospital for Sick Children, Dublin, Ireland*

### Professor David Meagher

*University of Limerick, Ireland*

### Dr K. Oliver Schubert

*University of Adelaide, Australia*

### Asst. Professor Jai Shah

*Department of Psychiatry, McGill University, Canada*

### Dr Fiona Toal

*Central Mental Hospital, Dundrum, Ireland*

### Dr Elizabeth Walsh

*University Hospital Galway*

The aim of the *Irish Journal of Psychological Medicine* is to publish original scientific contributions in psychiatry, psychological medicine (including surgery and obstetrics), and related basic sciences (neurosciences, biological, psychological, and social sciences).

The scope of the Journal includes any subspecialties of the above, including, but not limited to, behavioural pharmacology, biological psychiatry, child and adolescent psychiatry, intellectual disability, forensic psychiatry, psychotherapies, psychiatry of old age, epidemiology, rehabilitation, psychometrics, substance misuse, sexual studies, linguistics, and the history, philosophy and economics of psychiatry.

### © College of Psychiatrists of Ireland 2017

**COPYING** This journal is registered with the Copyright Clearance Center, 222 Rosewood Drive, Danvers, MA 01923. Organizations in the USA who are also registered with C.C.C. may therefore copy material (beyond the limits permitted by sections 107 and 108 of US copyright law) subject to payment to C.C.C. of the per-copy fee of \$16.00. This consent does not extend to multiple copying for promotional or commercial purposes. Code 0033-2917/2017 \$16.00. Organizations authorized by the Copyright Licensing Agency may also copy material subject to the usual conditions. ISI Tear Sheet Service, 3501 Market Street, Philadelphia, Pennsylvania 19104, USA, is authorized to supply single copies of separate articles for private use only. For all other use, permission should be sought from Cambridge or the American Branch of Cambridge University Press.

**SUBSCRIPTIONS** *Irish Journal of Psychological Medicine* (ISSN 0790-9667) is published quarterly by Cambridge University Press, Journals Fulfillment Department, UPH, Shaftesbury Road, Cambridge CB2 8BS, UK/Cambridge University Press, 1 Liberty Plaza, Floor 20, New York, NY 10006, USA. The subscription price (excluding VAT) for institutions, which includes only electronic access, of volume 34, 2017 is £340 (US \$546 in USA, Canada and Mexico). Single parts cost £98 (US \$157 in USA, Canada and Mexico) plus postage. EU subscribers (outside the UK) who are not registered for VAT should add VAT at their country's rate. VAT registered subscribers should provide their VAT registration number. Orders, which must be accompanied by payment, may be sent to any bookseller or subscription agent or direct to the publishers: Cambridge University Press, Journals Fulfillment Department, UPH, Shaftesbury Road, Cambridge CB2 8BS, UK or in the USA, Canada and Mexico, to Cambridge University Press, Journals Fulfillment Department, 1 Liberty Plaza, Floor 20, New York, NY 10006, USA. Japanese prices for institutions are available from Kinokuniya Company Ltd, P.O. Box 55, Chitose, Tokyo 156, Japan.

**ONLINE ACCESS** This journal is included in the Cambridge Journals Online service and can be found at <http://journals.cambridge.org/ipm>

Enquiries about advertising should be sent to [ad\\_sales@cambridge.org](mailto:ad_sales@cambridge.org)

This journal issue has been printed on FSC-certified paper and cover board. FSC is an independent, non-governmental, not-for-profit organization established to promote the responsible management of the world's forests. Please see [www.fsc.org](http://www.fsc.org) for information.

Printed by Bell and Bain Limited, Glasgow