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RELATIONSHIP BETWEEN FAMILY COMMUNICATION PATTERNS WITH LOCUS OF CONTROL, SELF ESTEEM, SHYNESS AND COMMUNICATION SKILLS IN ADOLESCENTS

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Introduction: The purpose of this study was to investigate the relationship between the dimensions of Family communication patterns (conversation orientation and conformity orientation) with adolescents' locus of control, self esteem, Shyness and communication patterns.

Method: The participant in this study includes 367 students (232 girls and 135 boys) of first and second graders in high school in the first region of Tehran, that were chosen by available sampling method and filled the Revised family communication patterns questionnaire (RFCP), Levenson locus of control scale (IPC), Rosenberg self esteem questionnaire, shyness questionnaire of Cheek and Buss and communication skills questionnaire. Regression analysis was used to predict each of the criterion variables by Dimensions of family communication patterns.

Result: The regression analysis result revealed that the Family conversation orientation has a positive and significant relationship with internal locus of control, high self esteem and communication skills and predicts them positively. Also Family conformity orientation has a positive and significant relationship with external locus of control and shyness and predicts them positively. And has a significant negative relationship with self esteem and predicts it negatively.

Conclusion: The finding of present research show that the families with conversation orientation, who have the free, comfortable and rich relationships as a need of joyful family life, lead to the formation of internal locus of control, higher self esteem, less shyness and more communication patterns in children in comparison with the families with conformity orientation.