

BJP The British Journal of Psychiatry Psych

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Personality disorders
Mulder

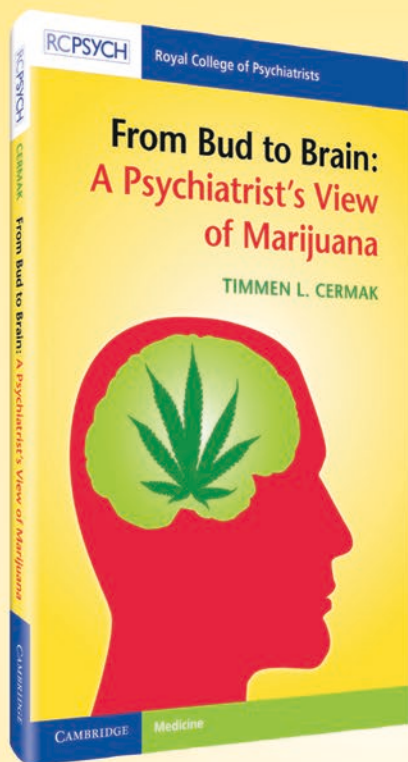
Schizophrenia - new treatments soon
Hall

Improving dementia prognostication in cognitively normal older adults
Ghahremani et al

Precision psychiatry: thinking beyond simple prediction models
Krishnadas et al

From Bud to Brain: A Psychiatrist's View of Marijuana

TIMMEN L. CERMAK



9781108735735
Paperback | £29.99 | US\$39.99

Cambridge University Press and the Royal College of Psychiatrists are proud to announce publication of *From Bud to Brain: A Psychiatrist's View of Marijuana*, a new book that provides a detailed yet accessible overview of the science of marijuana.

Bringing over two decades worth of studying cannabinoid research and forty years of clinical practice, Dr Cermak provides relevant and helpful answers to almost everything you could want to know about how marijuana works, both recreationally and medically.

From Bud to Brain is an invaluable resource designed for health professionals, educators and members of the public interested in understanding the effects of cannabis on the brain and the mind. Dr. Cermak is a past president of the California Society of Addiction Medicine. He chaired the Youth Work Group of Lt. Governor Gavin Newsom's Blue Ribbon Commission on Marijuana Policy Reform and is a member of California's Cannabis Advisory Committee.

'This work makes a very timely contribution as rapidly changing marijuana policies around the globe desperately need guidance and data-informed direction. I believe it will be a trusted resource for anyone seeking an increased understanding of marijuana, from bud to brain'

Mark Stanford, Adjunct Professor of Psychology and Neuroscience,
Carbrillo College, Aptos, California

'Well written and researched, and liberally sprinkled with snippets from real case studies to showcase motivational interviewing, this volume provides a wealth of science-based evidence that will be welcomed by health professionals, addiction counselors, and cannabis researchers.'

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ISSN 0007 - 1250

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British Journal of Psychiatry (ISSN 0007-1250) is published monthly. The six issues starting January 2025 comprise Volume 226, the six issues starting July 2025 comprise Volume 227. Orders from non-members of the College, which must be accompanied by payment, may be sent to any bookseller or subscription agent or direct to the publishers: Cambridge University Press & Assessment, Shaftesbury Road, Cambridge, CB2 8EA, UK, email journals@cambridge.org; or in the USA, Canada and Mexico, to Cambridge University Press & Assessment, Journals Fulfillment Department, 1 Liberty Plaza, Floor 20, New York, NY 10006, USA, email subscriptions_newyork@cambridge.org. Japanese prices for institutions are available from Kinokuniya Company Ltd, P.O. Box 55, Chitose, Tokyo 156, Japan.

The annual subscription prices (including delivery by air but excluding VAT) for Volumes 224/225 are as follows:

	INSTITUTIONS	INDIVIDUALS
Print and online	£758/\$1348	£611/\$950
Online only	£476/\$730	£309/\$484

Single issues are £73 (US\$129 in the USA, Canada and Mexico) plus postage. EU subscribers (outside the UK) who are not registered for VAT should add VAT at their country's rate. VAT registered subscribers should provide their VAT registration number. Claims for missing issues should be made immediately on receipt of the subsequent issue.

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Founded by J. C. Bucknill in 1853 as the *Asylum Journal* and known as the *Journal of Mental Science* from 1858 to 1963.

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Printed in Great Britain by Henry Ling Limited, The Dorset Press, Dorchester, Dorset DT1 1HD.

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The *British Journal of Psychiatry* is published monthly by the Royal College of Psychiatrists (a charity registered in England and Wales (228636) and in Scotland (SC038369)). The Journal publishes original work in all fields of psychiatry. Manuscripts for publication should be submitted online at <https://mc.manuscriptcentral.com/bjpsych>.

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Detail from *A Year in Flux* by James Flowerdew, exhibited at *Out of Sight Out of Mind*, Summerhall, Edinburgh, October 2024

James Flowerdew writes of his picture:

These artworks were done whilst squatting in my dying/dead mother's house, sofa surfing and intermittent periods of actual homelessness. They were painted and drawn in cafes, pubs, bookstores and occasionally bunk beds.

Themes of spiritual and moral upheaval and readjusting to a world after years of isolation are regular guests. A level of questioning brought about by witnessing the death of both parents and, in a metaphorical sense, my own family.

Leaving an unhappy marriage and trying to start again.

Possibly failing.

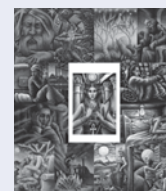
A wild storm of a year.

Out of Sight Out of Mind exhibition:

The 12th *Out of Sight Out of Mind* exhibition showed artworks made by 310 people who experience mental health issues. Many responded to the exhibition's theme of 'In/Visible', expressing the nuances of and tensions between visibility and invisibility. The exhibition is organised by a planning group of people who experience mental health issues and is a CAPS Independent Advocacy project. It gives people with mental health issues a platform to have their voices heard, using the arts.

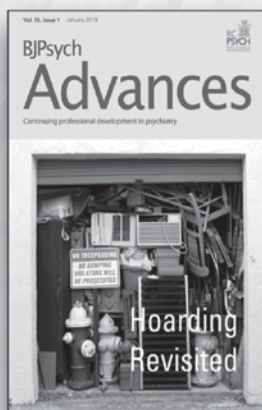
www.outofsightoutofmind.scot

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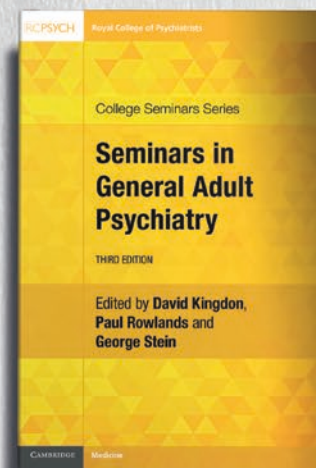
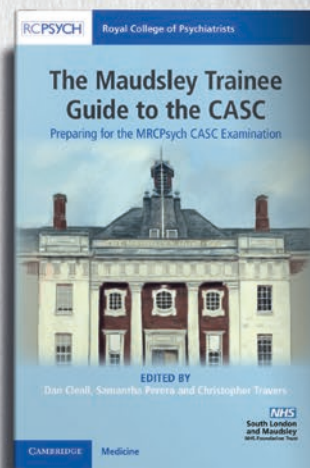
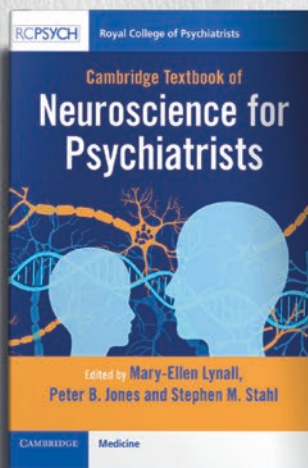
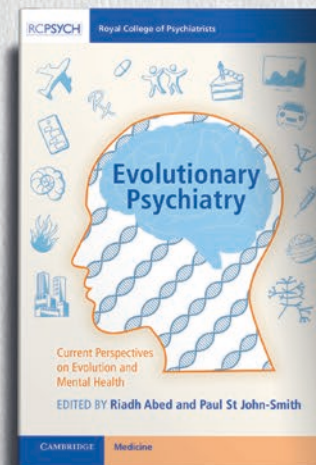
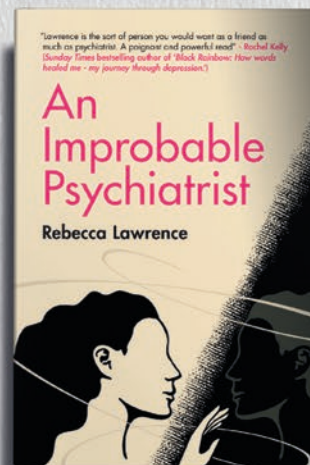
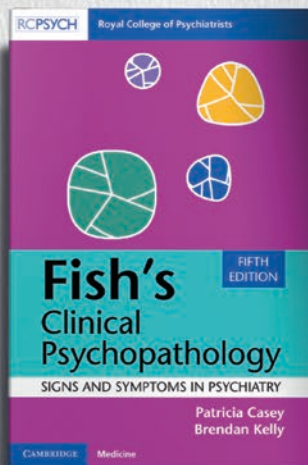
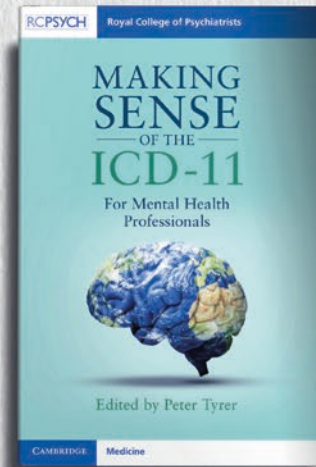
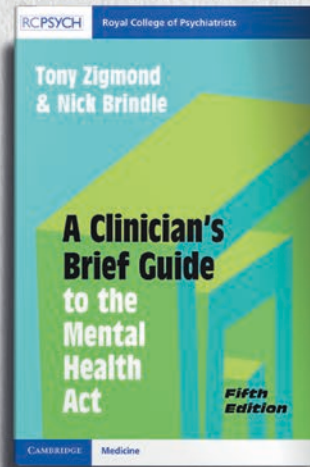
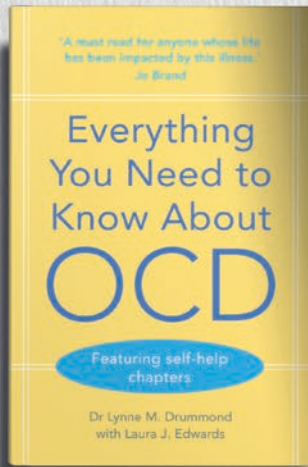


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