## The College

WPA meetings and his autobiography, Sargazasht written in Urdu will inspire many a young doctor to take an interest in psychiatry and its practice in a region where 80% of the population still live in villages with just the basic necessities of life.

His gentle smile, Punjabi sense of humour and warm hospitality will be remembered by all his friends and family. He is survived by his two sons, a daughter and his second wife.

MFH

## ISABEL CATHERINE ARCHIBALD MOYES, Consultant Psychiatrist, The London Hospital (St Clement's), London E3

During the course of her three years as Senior Lecturer in Psychogeriatrics at The London Hospital Medical College Isabel Moyes endeared herself to all who knew her. Her enthusiasm, warmth and genuine affection for her elderly patients and the team who served them made her a good clinician and she was untiring in her efforts to press for better services at a time of increasing stringency.

The only daughter of the late Professor James Greig, an electrical engineer, she was born in Edinburgh in 1932 and brought up in London, Birmingham and Scotland. She studied medicine at Oxford University qualifying in 1958 and moving to The University of St Andrews where she pursued an interest in the physiology and chemistry of amniotic fluid for which work she obtained her MSc in 1965.

It was during this time that she met and married Dr Richard Moyes, now Senior Lecturer in Chemistry at Hull University. They have three children; Caroline 24, Alastair 22, and Victoria 19. The family moved to Hull in 1964 and Isabel entered psychiatry obtaining her DPM in 1968. In 1972 she was appointed consultant at Broadgate Hospital, North Humberside, and in the years which followed she became increasingly interested in the problems of the elderly, particularly in the differential diagnosis of depression and dementia. At the same time she continued research into the relation of plasma levels of antidepressants to clinical symptomatology. She pioneered the use of community psychiatric nurses in the psychogeriatrics field and initiated a travelling day hospital with enthusiastic support from the nursing team.

Isabel was an active member and, from 1983, chairman of the executive committee of the burgeoning group for the Psychiatry of Old Age of the Royal College of Psychiatrists. She was elected to the fellowship of the College in 1980 after only seven years as a member.

A colleague on her team, at The London Hospital (St Clement's), writes of her "We remember her bubbly personality, direct manner and her impish sense of humour. Isabel, as consultant of the Elderly Team, was steering us on a course of personalised, humanistic care for the elderly with so much conviction and enthusiasm that it was difficult not to be affected and equally inspired."

CMP

## DEREK MALCOLM RICKS, Consultant in Paediatric Mental Handicap, Harper House Children's Service, Harper House, Hertfordshire

Dr Derek Ricks died suddenly on 3 March 1988 at the age of 59.

Derek was educated at Willesden County Grammar School, where he gave early notice of his exceptional intellectual ability by being awarded a State Scholarship.

In 1952 he obtained a Bachelor of Arts degree with First Class Honours at University College, London, and proceeded with a postgraduate scholarship to write a thesis on 'Reasons for contrasts in town growth 1800–1950 in towns on the North West Periphery of London'. Research for this involved a detailed knowledge of the geography of North London, which he acquired by cycling along each road and path in the area. This information was to stand him in good stead in future years when his ability to negotiate traffic jams using his own private routes became the envy of his colleagues.

Following two years' lectureship in the Arts Facility of University College, London, Derek changed direction and commenced his medical education, qualifying from University College Hospital in 1961.

His fascination with the working of the human mind and the use of language directed him into a career in psychiatry, and after appointments at University College, The Maudsley, and Cell Barnes Hospitals he was appointed Consultant Psychiatrist at Harperbury Hospital in 1970. This was followed in the early 1970s by appointments as Honorary Consultant Psychiatrist at Great Ormond Street, and as Honorary Consultant in Paediatric Mental Handicap in the Department of Paediatrics and Child Psychiatry at University College Hospital, London. In 1972 he was awarded a doctorate by the University of London for his thesis 'The beginning of verbal communication in normal and autistic children'.

Derek's special concern was with child handicap and he became a pioneer in the care and treatment of children with mental handicap. His nationally acclaimed knowledge of his specialty led to his appointment as a member of the Government Committee of Enquiry into Mental Handicap Nursing and Care (The Jay Committee) in 1975. In 1977 he was elected a Member of the British Paediatric Association and in 1981 became an Honorary Research Fellow of the Department of Phonetics and Linguistics at University College, London. In 1982 he was appointed a Fellow of the Royal College of Psychiatrists, having been a Founder Member in 1971.

Derek was active in research and contributed extensively to the literature. In 1985 his contributions to the study of mental handicap were acknowledged by the inauguration of a sub-department of paediatric mental handicap within the Paediatric Department of University College Hospital, London.

He was committed to ending the institutionalisation of children with mental handicap, and the specialised service which he set up with a multiprofessional team at Harper House made this possible. His advice on the diagnosis and management of child handicap was greatly in demand and over recent years his reputation had become international.

Derek was an engaging lecturer, and an exceptional teacher whose skill in communication was never more evident than when sharing a diagnostic dilemma with a group of undergraduates. He brought an infectious enthusiasm to the pursuit of clinical and academic problems, and his ability to single out the most relevant feature from a wealth of information was truly remarkable.

Himself a modest, self-effacing man, with a dislike for public fuss, Derek had an articulate disdain for the pretentious.

He was a careful listener, who had a great respect for the views of parents, believing that they held the key to the successful management of their handicapped children. He was closely associated with parent organisations, and amongst other honorary posts held that of professional adviser to the National Society for Autistic Children.

He had a great affection for rural Hertfordshire, and was never happier than when walking in the countryside with his family or when working in his beautiful garden. A man of catholic tastes and a great breadth of culture he derived quiet pleasure from listening to his favourite Mozart or browsing in his large collection of books.

He will be greatly missed, but his impact on the lives of children with handicap and their families will surely live on in the deeds of those who were fortunate enough to have known him and learned from him.

When a young man Derek was an athlete and in the London Olympiad in 1948 was amongst those who carried the Olympic Torch.

He is survived by his wife Elinor, who has herself worked with mentally handicapped people for many years, and by their two sons Richard and Nicholas, all of whom gave him so much joy and support and to whom he was devoted.

MWL

## The deaths of the following have also been reported:

- BARRY EKINS, formerly Consultant Psychiatrist and Medical Administrator, The Old Manor Hospital, Salisbury, Wiltshire.
- JOHN MORRIS LOUGHRAN, Medical Commissioner, Mental Welfare Commission for Scotland, Edinburgh.

*298*