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COMPARATIVE INVESTIGATION OF MATERNAL HEALTH AND REHA OF THE MOTHERS WITH LOW BIRTH PREMATURE BILITATION INFANT, AND TERM INFANTS

S. Dabirzadeh, A. Kermani, S. Kermani, A. Kermani

Health, Esfahan University, Esfahan, Iran

Introduction: The future of a society depends on children's health. Children's growth and health is directly influenced with mother's health. This study has targeted on defining and comparison of maternal health of mother's with low birth and premature with the one of mothers with term infants.

Materials and methods: This descriptive analytic study was carried out on 200 mothers with low birth and premature infants selected by target focused sampling. The date were collated related to maternal health concerning weight, age, smoking, taken drugs pre delivery weight, times of pregnancy, anxiety due to crisis and maternal health care. The data were analyzed by descriptive and inferential statistics.

Results: The findings related to mothers weigh before pregnancy showed that there was not a significant difference between most of the mothers with low birth and premature infants aged between 45 to 54 weight years and mothers with term infants of birth than 105kg ($P < 0/01$, $DF = 182$). Regarding maternal health in both groups there was a significant difference between taken drugs and duration and dosage, maternal health and anxiety.

And restlessness.

Since mothers play a major role in care of children and their own mental health influences their children physical and mental health, health team should play close attention to mothers mental physical and social health preservation in order to enhance their children physical and mental health as well.