

FORENSIC PSYCHIATRIC OUTPATIENT CONSULTATION SERVICE AT A GENERAL HOSPITAL PSYCHIATRIC DEPARTMENT SETTING IN BUDAPEST. FIVE-YEAR EXPERIENCE: CONCLUSIONS, FURTHER SUGGESTIONS

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Introduction: Due to the unprofessional closure of the Hungarian National Institute of Psychiatry and Neurology at 2007, the forensic psychiatric outpatient consultation service of the Main Detention Centre of Budapest (MDC), was officially transferred to the Psychiatric Department of Saint John Hospital. Hungary has had neither a Forensic Psychiatric Unit nor a single Security Units Department. At our psychiatric department first we started operating this type of consultation. in 2007 May. Before our consultations the clients are examined by the medical doctor of the MDC, and his/her decision to ask for psychiatric examination with specific questions.

We analysed retrospectively these cases of 5 years.

Objectives: Statistical and qualitative analysis of clients' reports of 346. The clients were before judicial process and detained in custody or before it in the MDC.

Aims: To analyse the frequent problems and questions, the necessity of these problems, and severity of the clients symptoms.

Methods: We analysed all the files, and the objectives: referral diagnosis, diagnosis after our examination, suicide intentions, intentional aggravation, heteroaggression, psychiatric history, drug use and dependency, current medication, presence of psychotic symptoms.

Results: Between 2007-2009 August there were 67 examinations, and between 2009 September and 2012 were 280 visits. The most frequent question was to evaluate the suicide risk. (three-quarter of the sample.)

Conclusion: Specialised service is needed (Forensic Unit) to evaluate more precisely the severity of suicide risk, and to exclude the intentional behaviour. External causes may influence the higher number of the cases, after 2009 August.