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CLINICAL RESULTS OF A SCIENTIFIC MEDICAL ASSOCIATION - THERAPEUTIC CENTER (A.P.P.A.C.) DURING THE LAST TWO YEARS (2007 - 2009)

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Introduction: The A.P.P.A.C. has created, through years, a significant data base of clinical results derived from the systematic approach of a wide range of psychiatric diseases. The aim of this study was to evaluate the current state of psychiatric diseases and associated parameters with social impact.

Method: Data was obtained from the Association of Psychology & Psychiatry for Adults & Children (A.P.P.A.C.) from January 2007 until December 2009. A sample N= 219 patients has been studied during the last 2 years. The mean age of patients was 35 years. Statistic analysis is based on z-criterion as well as X²-test.

Results: P-values of 0.05 were considered to be statistically significant. 20% of the patients were diagnosed with 2 psychiatric diseases, 70% of widowers have been suffered from depression. 37,84% of patients with depression have hereditary predisposition. Therapeutic interventions to patients were made using psychotherapy, medication or both. The analogy of psychotherapy to medication is almost 1:2, while in 18.75% of the patients, who needed drug treatment, psychotherapy was mandatory. Finally, our study indicated that sex (females versus males) and hereditary predisposition are significant factors for depression in comparison to other psychiatric diseases.