

Article: 1642

Topic: EPV29 - e-Poster 29: Psychotherapy

Fairy Tales and Wonderful Stories as a Pedagogical Proposal for the Elaboration of Losses

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INTRODUCTION: Human being lives in temporary state, and migrates from one condition to another, by a continuing exodus, each new phase signifying the death of precedent. With this postulate we present symbolic deaths that happen in life the same person.

OBJECTIVE: Fairy tales and wonderful stories present paradigms of resilience, and the resilient behavior of the characters can be understood as a pedagogical proposal for the elaboration of losses. Snow White, Cinderella, Sleeping Beauty and The Three Little Pigs are icons who have the ability to keep themselves sane in an insane environment. From narratives, drama and Bible-dramas that consider resilient states and actions it is possible to favor the acquisition of learning to solve problems in real life.

METHOD: Interdisciplinary research in articles published in journals and works in the fields of Psychiatry, Psychology, Theology and Thanatology, as well as a literature review concerning the resolution of mourning through role-playing and storytelling of fairy tales and wonderful stories.

RESULTS: Actions like role-playing and storytelling help in the elaboration of mourning and are beneficial to implement resilience in caregivers and patients.

CONCLUSION: It is important to research on the attention given to the recovery and maintenance of the resilience of those who undergo stress, live in unsafe conditions or seek the resolution of their mourning. Further research will be useful to develop the issue.

Keywords: Fairy Tales. Resilience. Losses.