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Cover picture

Love and Pain are the Same (2014). Toby Brown (b. 1972)

British artist Toby Brown opened his first solo exhibition 'Behind The Smile' on 19 May 2016 at Debut Contemporary, London. Brown is a gifted artist who has battled depression and has decided to use his artistic ability to raise awareness of stigma surrounding mental illness by depicting famous sufferers and campaigners in aid of Mind charity. He has been propelled into the spotlight in a short period of time, making the



headlines of national newspapers such as the *Observer*, going live on Sky News and being interviewed on BBC World Service. He is planning further projects, such as artist-led workshops on tackling stigma and taking 'Behind The Smile' to Los Angeles in order to raise awareness of mental health issues on a global scale.

Image courtesy of Debut Contemporary, London, who represent Toby (debutcontemporary.com).

We are always looking for interesting and visually appealing images for the cover of the *Journal* and would welcome suggestions or pictures, which should be sent to Dr Allan Beveridge, British Journal of Psychiatry, 21 Prescot Street, London E1 8BB, UK or bjp@rcpsych.ac.uk.