

P02-19 - PATTERNS OF PATIENS ATTENDING IN 2 RURAL INDIAN CLINICS IN ONE DAY

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Introduction: Psychiatric morbidity of a community could be assessed by a community survey as to the incidence & prevalence of different disorders in a particular period. A more scientific approach is for a cohort study for a long period of a geographic population.

Objectives: Another simpler way to get a ready hand account of approximate prevalence & incidence of disorders could be viewed by analysing a clinics attendance patterns of psychiatric patients. Of course it focuses on the tip of an iceberg.

Aims: A quick sample survey of prevalence & incidence of disorders those are being brought in that particular day.

Methods: Here is analysis of this authors 105 cases, those were examined & treated in 2 rural clinics of a district Midnapore those are even 75 k.ms & 60 k.ms from the capital city of Calcutta. 72 cases in one clinic in morning session lasting from 6a.m-1-15 p.m & 33 cases in afternoon session in another clinic from 2.30p.m-6.30 p.m on 15th of november 2009 on a sunday.

Results: Age group range varies from 5 years-78 years with a maximum no. in the age group of 21-55 years range. Affective disorders predominately, depressive disorder in BPMD, MDD, Anxiety disorders, schizophrenia, Hypomanic phase in BPMD & Behavioral disorders associated with Mental retardation/low intelligence & other mental retardation, Hysteria, Senile dementia Of alzheimers, vascular & mixed are most diagnostic presentation. Students & youth with tension headache associated with anxiety disorders were in sizable number. Women patients in depression were mostly presented with pain in lower extremities.

Conclusion: 105 patients visited in one winter sunday with depressive patients in top is concluded.