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Demands on health and social care are growing in quantity and complexity, with resources and staffing not projected to match this. The landmark NHS Long Term Plan calls for services in England to be delivered differently through integrated care systems (ICSs) that will better join commissioners and providers, and health and social care. The scale of these changes is immense and will affect all clinicians in the public service. In this issue, Derek Tracy et al provide a three-part primer on integrated care, explaining why it is happening, how services are changing and why clinicians should get involved.

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