PROJECT EUREGENAS: EXPERIENCE AND RESULTS IN A HIGH RATE OF SUICIDE AREA

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EUREGENAS (European Regions Enforcing Against Suicide) is a project which has received funding from the European Union under the Public Health Programme 2008-2013.The overall objective of the project is to contribute to the prevention of suicidality (suicidal ideation, suicide attempts and suicide) in Europe through the development and implementation of strategies for suicide prevention at regional level that can be of use to the European Community as examples of good practice.

The project has several workpackages (WP). Our region, Andalusia (Spain) is one of the eleven ~~selected regions~~ associated partners and has been selected for piloting three WPs (number 6, 7 and 8) in a high rate of suicide local area. The aims of the WP's are :

-WP 6: to develop general guidelines for suicide prevention strategies as well as specific prevention packages for the awareness raising on suicide prevention for the identified target groups.

-WP 7: to develop a training package targeting GPs and to pilot the training package in five selected regions/local areas. The main goal of the training is to provide GPs with relevant information related to the early detection/recognition and referral of suicide risk.

-WP8: to develop a specific tool for survivor support groups to support facilitators in ensuring an on-going monitoring of the group processes. This tool will be used in order to map the group status and to adjust the management of the group accordingly.

In our communication we want to show the experience and results of the project in our area.