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THE PREVALENCE OF SEXUAL DISORDERS IN VETERANS (IRAN-IRAQ WAR) AND THEIR SPOUSES

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Introduction: Taking the prevalence of the sexual disorders -which in some studies is reported from 18% to 79% - into account and considering the fact that only a small percentage of the sexual patients refer to the physicians in order to treat their sexual problems. With regard to several problems which the veterans encounter in their personal and social lives, it seems that sexual disorders in these patients and their spouses are widespread.

Methodology: In this research performed in the descriptive-temporal method, a questionnaire including all types of sexual disorders in men and women was provided and after standardization by 398 veterans and their spouses.

Results: The results of this research are reported as follows; the prevalence of decrease the sexual desire in the veterans is 65/1%, the inability in erection 64/4%, difficulty in erection 60%, disorder in the continuation of erection 85/3%, and premature ejaculation 55%. In addition, the spouses of these veterans are encountered problems like the prevalence of the disorders in sexual desire with the rate of 25/4%, aversion of the sexual intercourse 7%, painfulness within sexual intercourse 8/8%, lack of excitement and vagina drought 10/3%, the disorder in orgasm 14/6%, and the inability in enjoying the sexual intercourse 14/3%.

Discussion and conclusion: The high level of prevalence of sexual disorders considered in this research clarifies the necessity and importance of the educational, consultation and the treatment programs for these groups and their spouses.