

Targeting Neuroinflammation by Vascular Versus Metabolic Acting Drugs, in a Preventive or Therapeutic Approach, Using an Experimental Model of Sporadic Alzheimer's Disease [sad].

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Introduction; Neuroinflammation, is a final consequence of neuro-vasculo-metabolic uncoupling, common to all major neurodegenerative disorders, as sAD. One cause is brain insulin resistance (BIR).

Objectives; Compare preventive or therapeutic potentiality of vascular versus metabolic acting drugs

Aims; Their ability to suppress CSF neuroinflammatory markers, in STZ-induced, rat model of sAD.

Methods; 63 rats were injected i.c.v. STZ (3mg/kg/10ul) to develop BIR that induces sAD, then grouped into: 21 as untreated-sampled on (7th/28th/90th) days / 28 as preventive-sampled after receiving oral daily sildenafil (10mg/kg), telmisartan (10mg/kg), rosuvastatin (10mg/kg), or pioglitazone (10mg/kg) from 1st till 28th days / 14 as treated-sampled after receiving telmisartan or pioglitazone from 28th till 90th days. Sampled CSF from cisterna magna was analyzed for IL-6, TNF- α , TGF- β , MDA, and p-tau.

Results; In untreated group; inflammatory markers were detected on 7th while p-tau on 28th day. Their significant elevation was more on 28th and 90th days respectively. By prevention; p-tau was not detected with any drug, while inflammatory markers were significantly reduced by telmisartan and pioglitazone > rosuvastatin, tipping % reduction in favor of metabolic acting drugs. By treatment, % reduction in p-tau and neuroinflammation was more significant by telmisartan > pioglitazone, when compared to untreated group.

Conclusions; Neuroinflammation was better controlled in prevention by the collectively used metabolic than vascular acting drugs but the reverse was detected by those selected for treatment; denoting that final outcomes are rather delineated by the drug's inherent ability to target neuroinflammation, irrespective of its primary vascular versus metabolic action.