

P02-331 - TRAUMA, ATTACHMENT AND PERSONALITY DEVELOPMENT

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The paper gives an overview about classic psychoanalytic formulations of psychic trauma and compares them with recent contributions from trauma therapy, attachment research, and neurobiology. It focuses especially on Günter Ammon's understanding of early relationship trauma and its consequences for personality development. After reviewing relevant trauma-therapeutic approaches in contemporary psychoanalysis, Ammon's therapeutic concept for patients with early traumatizations is outlined. Finally the realization of this concept in Dynamic Psychiatry, e. g. the therapeutic setting of the clinic Mengerschwaige, is described.

Objectives: The paper gives an overview about classic psychoanalytic formulations

of psychic trauma and compares them with recent contributions from trauma therapy, attachment research, and neurobiology.

Methods: Brain research and psychotherapeutic methods.

Results: Results of the brain research show that early traumatization affects brain areas in emotional states which verbalization cannot reach.

Conclusions: For early traumatized patients a treatment concept of non-verbal methods as well as verbal are necessary,

Keywords: Attachment disorders, trauma, personality disorders, social energy, dynamic psychiatric treatment.